

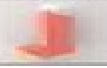
Date: _____		Asthma Medicine for _____	
 Your child is feeling good. • No trouble breathing • No cough or wheeze • Sleeps well • Can play as usual		Everyday Keep your child healthy. Give everyday medicine when healthy or sick.	
		 Morning  Flovent 1 puff with spacer  Night  Montelukast (Grespan) 1 chewable tablet and  Flovent 1 puff with spacer	
 Your child has any of these: • Some trouble breathing • Cough in the day or night • Mild wheeze • Feels tightness in chest • Playing less than usual		Sick Add sick medicine <u>and</u> give everyday medicine. If not feeling better in 1 day, call your doctor.	
		 Albuterol (ProAir) 2 puffs with spacer and  Everyday Decrease Flovent to 2 puffs  If needed, give every 4 hours.	
 Your child has any of these: • Breathing is hard and fast • Can't stop coughing • Ribs show when breathing • Neck pulls in • Can't talk, walk or play well		Very sick The asthma is getting worse. Give sick medicine. Get help now!	
		 Albuterol (ProAir) 2 puffs with spacer and  Call a doctor or 911 Go to the hospital	
The H.E.L.P. Project Bellevue Hospital Pediatric Clinic (212) 562-5524 Woodhul Hospital Pediatric Clinic (718) 993-8910 © 2011 NYU School of Medicine, Department of Pediatrics			

FIGURE 3-2 Asthma medication plan.

SOURCE: NYU School of Medicine, 2011, as presented by Dreyer.

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