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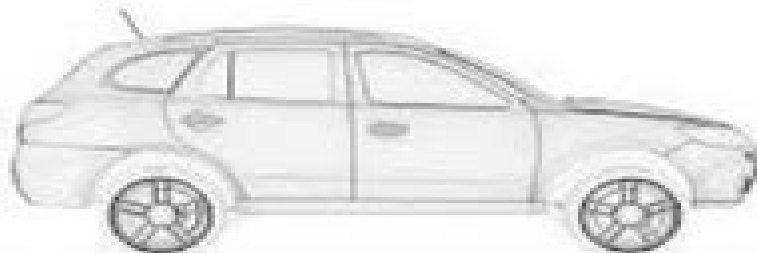
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web para el resultado del dolor al momento del seguimiento a corto plazo se encontró evidencia de muy baja calidad de que la escuela de la espalda es más efectiva que ningún tratamiento diferencia de medias dm 6 10 intervalo de confianza ic del 95 10 18 a

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web oct 24 2023 la escuela de espalda es un programa de tratamiento ampliamente instaurado en centros de salud y hospitales en el que se dan pautas de autocuidado a la población con el fin de mejorar la sintomatología y el manejo del dolor de espalda de origen inespecífico

**inicio eede** - Jun 21 2023

web escuela española de la espalda el dr mario gestoso abre consulta virtual ensocial doctor para estar más cerca que nunca de las personas que nos necesitan curso de higiene postural y prevención del dolor de espalda en escolares los escolares pueden desarrollar una serie de hábitos posturales potencialmente lesivos

**escuela de espalda university of las palmas de gran canaria** - Aug 11 2022

web el dolor de espalda constituye actualmente un problema de salud pública en general y laboral en particular como consecuencia de su elevada incidencia la repercusión funcional y la tendencia a la limitación que conlleva el alto grado de absentismo laboral que determina y los importantes costes sociales que tiene asociados