

**Abstract** *Background:* The purpose of this study was to determine the prevalence of self-reported depression and anxiety among a sample of young adults in the United States. *Methods:* Data were obtained from the 2004 National Survey of Adolescent Health, a nationally representative survey of adolescents and young adults. *Results:* The prevalence of self-reported depression was 10.3% and self-reported anxiety was 11.8% among the sample. *Conclusions:* The prevalence of self-reported depression and anxiety among young adults in the United States is relatively high. *Keywords:* Depression, anxiety, young adults, prevalence.

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