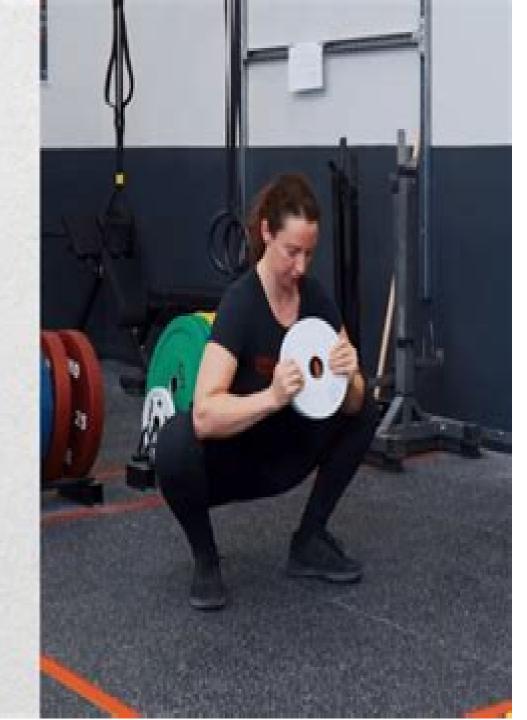
4 WAYS TO

IMPROVE YOUR

SQUAT MOBILITY





Hip Mobility How To Improve Your Squat Mobility In Minutes

AN Whitehead

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