3 Day Fasting & Prayer

Day 1: Seeking God's Presence

- 1. Thanksgiving: "Lord, thank You for this opportunity to draw closer to You."
- 2. Surrender: "Father, I surrender my worries and burdens to You."
- 3. Guidance: "Holy Spirit, guide me and reveal Your will for my life."

Day 2: Spiritual Renewal

- 4. Repentance: "Lord, forgive me for my sins and cleanse my heart."
- 5. Strength: "Father, renew my strength and fill me with Your peace."
- 6. Growth: "Holy Spirit, help me grow in faith and understanding."

Day 3: Breakthroughs and Blessings

- Breakthrough: "Lord, I seek Your intervention in my challenges."
- 8. Healing: "Father, bring healing and restoration to my life."
- 9. Blessings: "Holy Spirit, bless my loved ones and quide them."



July 21 Study Guide Fasting And Praying

Katie Brazelton



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