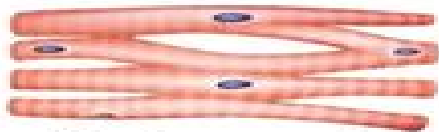
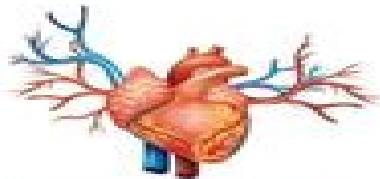


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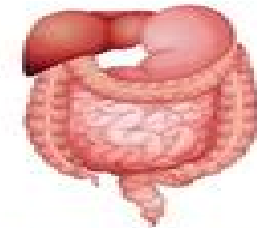
Types of Muscle



Cardiac muscle



Skeletal muscle



Smooth muscle

Components	Muscles Muscles are special type of tissues of human body that posses the ability of contraction and relaxation. They can contract actively thus producing force for different body movements.	
Types of Muscle	Skeletal Muscle	Striated, under voluntary control, found attached to skeleton, produce major movements of body parts
	Smooth Muscle	Non striated, not under voluntary control, found in soft organs of body, responsible for processes like digestion of food etc.
	Cardiac Muscle	Striated, involuntary, present exclusively in heart, responsible for pumping activity of the heart, very strong and tough
Functions	Movements of body parts, Stability and Posture, Heat production, Circulation, Help in Digestion	

The muscular system is the series of muscles throughout the body that moves the skeleton, maintains posture through steady contraction, and generates heat through cell metabolism. Humans have three types of muscle.

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