

the following muscle name

- ll 1. adductor longus
- k 2. biceps brachii
- l 3. brachioradialis
- e 4. deltoid
- x 5. extensor digitorum longus
- ee 6. external oblique
- r 7. fibularis longus
- l 8. flexor carpi radialis
- l 9. flexor carpi ulnaris
- u 10. frontalis
- ll 11. gastrocnemius
- kk 12. gracilis
- m 13. iliopsoas
- ll 14. internal oblique
- cc 15. latissimus dorsi
- b 16. masseter
- v 17. orbicularis oculi
- x 18. orbicularis oris
- k 19. palmaris longus
- n 20. pectineus
- aa 21. pectoralis major
- c 22. platysma
- k 23. pronator teres
- dd 24. rectus abdominis
- a 25. rectus femoris
- ll 26. sartorius
- bb 27. serratus anterior
- mm 28. soleus



- a 31. temporalis
- hh 32. tensor fasciae latae
- i 33. tibialis anterior
- f 36. triceps brachii
- p 37. vastus lateralis
- q 38. vastus medialis

# Muscle Study Coloring Guide

**Julia Schneider**



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