

BABY'S 1ST YEAR

GUIDE TO BABY'S SENSORY + MOTOR SKILL DEVELOPMENT

0	Newborn
1	Month
2	Months
3	Months
4	Months
5	Months
6	Months
7	Months
8	Months
9	Months
10	Months
11	Months
12	Months

- Communicates through cries
- Can see best from 8-12 inches away

- Hearing is fully developed
- Likes sweet smells, and can probably pick your breast milk out of a lineup
- May respond to familiar sounds

- Begins to lift head
- Comforted by touch and recognizes your face
- Starts to lift shoulders during tummy time

- Makes eye contact
- Mimics sounds, and starts to babble
- Opens and closes hands

- May begin teething
- Loves to reach for toys
- Looks at things in the distance

- Sees color better
- Listens to your voice

- Laughs and giggles—a lot
- Begins to learn to sit up
- Likely rolls from stomach to back

- Sees in full color
- Hearing is fully developed
- Bears weight on legs when held upright

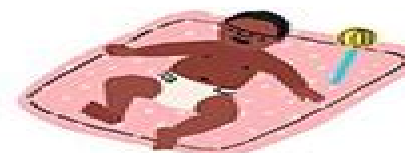
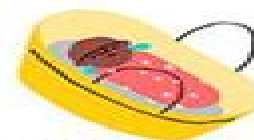
- Sits up unassisted
- Distinguishes different shapes

- Has learned object permanence
- May understand words like, "No", "Mama" and "Dada"
- May start to crawl

- Recognizes everyday sounds
- Can often pick up things with thumb and pointer finger
- May start calling parents "Mama" or "Dada"

- Looks and listens at the same time
- Recognizes and points to objects
- May begin to hold onto furniture while walking

- Loves feeling different textures, like running water
- Understands one-step commands
- Can probably sit for long periods of time
- Looks and listens at the same time—no wonder story time is so fun



ILLUSTRATION

BABY MILESTONE CHART

BROUGHT TO YOU BY:
the **BUMP**

* Your baby is unique,
so these milestones are only a general guide.



First Baby Guide

Katrin Zwirglmaier



First Baby Guide :

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