

MATERNITY HESI 1 TEST BANK

Question 1.

A 38-week primigravida who works as a secretary and sits at a computer for 8 hours each day tells the nurse that her feet have begun to swell. Which instruction would be most effective in preventing pooling of blood in the lower extremities?

Ans: Move about every hour

Pooling of blood in the lower extremities results from the enlarged uterus exerting pressure on the pelvic veins. Moving about every hour will straighten out the pelvic veins and increase venous return.

Question 2.

A 26-year-old, gravida 2, para 1 client is admitted to the hospital at 28-weeks gestation in preterm labor. She is given 3 doses of terbutaline sulfate (Brethine) 0.25 mg subcutaneously to stop her labor contractions. The nurse plans to monitor for which primary side effect of terbutaline sulfate?

Ans: Tachycardia and a feeling of nervousness

Terbutaline sulfate (Brethine), a beta-sympathomimetic drug, stimulates beta-adrenergic receptors in the uterine muscle to stop contractions. The beta-adrenergic agonist properties of the drug may cause tachycardia, increased cardiac output, restlessness, headache, and a feeling of "nervousness".

Question 3.

When do the anterior and posterior fontanel close?

Ans: anterior fontanel closes at 12 to 18 months and the posterior by the end of the second month.

Question 4.

When assessing a client who is at 12-weeks gestation, the nurse recommends that she and her husband consider attending childbirth preparation classes. When is the best time for the couple to attend these classes?

Ans: 30 weeks gestation

at 30 weeks gestation is closest (of the options) to the time parents would be ready for such classes. Learning is facilitated by an interested pupil! The couple is most interested in childbirth toward the end of the pregnancy when they are psychologically ready for the termination of the pregnancy, and the birth of their child is an immediate concern.

Maternity Hesi Study Guide

Michael Hoelscher



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Table of Contents Maternity Hesi Study Guide

1. Understanding the eBook Maternity Hesi Study Guide
 - The Rise of Digital Reading Maternity Hesi Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Maternity Hesi Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Maternity Hesi Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Maternity Hesi Study Guide
 - Personalized Recommendations
 - Maternity Hesi Study Guide User Reviews and Ratings
 - Maternity Hesi Study Guide and Bestseller Lists

5. Accessing Maternity Hesi Study Guide Free and Paid eBooks
 - Maternity Hesi Study Guide Public Domain eBooks
 - Maternity Hesi Study Guide eBook Subscription Services
 - Maternity Hesi Study Guide Budget-Friendly Options
6. Navigating Maternity Hesi Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Maternity Hesi Study Guide Compatibility with Devices
 - Maternity Hesi Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Maternity Hesi Study Guide
 - Highlighting and Note-Taking Maternity Hesi Study Guide
 - Interactive Elements Maternity Hesi Study Guide
8. Staying Engaged with Maternity Hesi Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Maternity Hesi Study Guide
9. Balancing eBooks and Physical Books Maternity Hesi Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Maternity Hesi Study Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Maternity Hesi Study Guide
 - Setting Reading Goals Maternity Hesi Study Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Maternity Hesi Study Guide
 - Fact-Checking eBook Content of Maternity Hesi Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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