

DONATION FORM



STUDENT'S FIRST NAME _____ STUDENT'S LAST NAME _____
 GRADE _____ ROOM # _____ TEACHER'S NAME _____
 NAME OF SCHOOL _____
 EVENT DATE _____ RETURN THIS ENVELOPE TO TEACHER BY THIS DATE _____

I'M JUMPING IN HONOR OF _____

☐ I WANT TO GIVE MORE, SO PLEASE DO NOT SEND GIFTS.

PLEASE CONVERT ALL CASH TO A CHECK(S) PAYABLE TO THE AMERICAN HEART ASSOCIATION.
 All donors who make donations online will receive a donation receipt.

Don't forget to share your challenge with others. Here's a script you can use:

My school is participating in Jump Rope For Heart where I am learning how to keep my heart healthy. I accepted a challenge to:

- ☐ Choose to drink water instead of sugary drinks
- ☐ Be physically active for 60 minutes a day
- ☐ Eat a fruit or veggie with every meal

Will you accept this challenge with me? I've also set a goal to raise \$_____ to fund lifesaving research and programs that help our community. Please support me by making a donation to the American Heart Association.

Paid	Donor's Name and Challenge	Cash/Check or Money Order Donation	Online Donation	Company Matching Gift Forms*	TOTAL Donations
①	Julie Jump Rope- Eat a fruit or veggie with every meal	\$25.00	INCLUDE DONATION REPORT	\$0	\$25.00
○ 1.					
○ 2.					
○ 3.					
○ 4.					
○ 5.					
○ 6.					
○ 7.					
○ 8.					
○ 9.					
○ 10.					
○ 11.					
○ 12.					
○ 13.					
○ 14.					
TOTAL DONATIONS		\$	\$	\$	\$

If you have raised \$50 or more, you've earned a T-shirt! Please mark your size:

Youth: ☐ S ☐ M ☐ L Adult: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ 3XL

*Double Your Donations! Ask your sponsors if they work for a matching gift company and ask for their company form to include in this envelope. Example: \$25 donation = \$50 for your total donation. (FORM MUST BE INCLUDED WITH DONATION.) Check out matchinggifts.com/AHA for more information!

Jump Rope Pledge Form

Ken M. Solis, Bill Budris

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located on the right side of the slide.

Jump Rope Pledge Form:

CAHPERD Journal ,2008 *The Jump Rope Primer* Ken M. Solis,Bill Budris,1991 Grade level 1 2 3 4 5 6 7 p e i t

Teaching Middle School Physical Education Bonnie S. Mohnsen,2008 This text describes how to create a programme that addresses the specific needs and capabilities of middle school students while helping them through the transition from childhood to young adulthood This edition is fully updated and revised **Illinois Journal of Health, Physical Education and Recreation** ,1979 *The Beginner's Guide to Chick Night*TM Colleen Kleven,2011-07-08 Between family obligations and career commitments it can be challenging for women to find the time to enjoy their own lives For every woman who has uttered the words I just dont have time for myself The Beginners Guide to Chick Night offers a warm and witty look at practical ways women can return to their rightful place on their own list of priorities Author Colleen Kleven co founder of the Hanmer Chapter of Chick Night and founder of Chick Night International shares an easy to follow handbook filled with practical advice that will help women everywhere recharge their batteries and learn to start having fun again Based on real life experiences spanning ten years in the lives of three women Klevins light hearted guidebook presents ways women can bond with other women in order to reconnect with themselves while sharing recommendations from women who have experienced the intrinsic rewards of friendship that accompany a weekly Chick Night Fortunately there is a way for women to regain control of their lives and rise above a seemingly endless list of responsibilities Its called true friendship and the laughter chocolate and encouragement that come with it are just added bonuses **Advancing the Civil Rights**

Movement Michael DiBari Jr.,2017-02-15 Advancing the Civil Rights Movement Race and Geography of Life Magazine s Visual Representation 1954 1965 examines the way Life Magazine covered the civil rights movement visually and geographically Michael Dibari addresses Life s visual impact and representation in the struggle for equal rights

Scouting ,1992-09 Published by the Boy Scouts of America for all BSA registered adult volunteers and professionals Scouting magazine offers editorial content that is a mixture of information instruction and inspiration designed to strengthen readers abilities to better perform their leadership roles in Scouting and also to assist them as parents in strengthening families **Scouting** , Published by the Boy Scouts of America for all BSA registered adult volunteers and professionals Scouting magazine offers editorial content that is a mixture of information instruction and inspiration designed to strengthen readers abilities to better perform their leadership roles in Scouting and also to assist them as parents in strengthening families

Word from the Mother Geneva Smitherman,2021-11-25 This classic text by Geneva Smitherman pioneering scholar of Black Talk is a definitive statement on African American Language AAL Enriched by her inimitable writing style the book outlines past debates on the speech of African Americans and provides a vision for the future As global manifestations of AAL increase she argues that we must broaden our conception of the language and its speakers and further examine the implications of gender age and class on AAL Perhaps most of all we must appreciate the artistic and linguistic

genius of AAL from Hip Hop lyrics to the rhyme and rhetoric of the broader Black speech community Smitherman explores AAL's contribution to American English includes a summary of expressions as a suggested linguistic core of AAL and features cartoons that educate readers on the broader relationship between language race and racism This classic edition features a new foreword by H Samy Alim celebrating Smitherman's continuing impact on Black Language scholarship and her influence on the future of the field Word from the Mother is an essential read for students of African American speech language culture and sociolinguistics as well as the general reader interested in the worldwide crossover of Black popular culture

The Poetry Corner Arnold B. Cheyney, 1982 Contains lessons and activities designed to teach children to write poetically and to appreciate poetry in both formal and informal settings

Guide to American Speech Week National Council of Teachers of English, 1921

Black Tie Optional Harry A. Freedman, Karen Feldman, 2007-04-06 Praise for Black Tie Optional A Complete Special Events Resource for Nonprofit Organizations Second Edition I wish I had had this invaluable book when I was helping plan fundraisers in the past My life would have been easier and our bank account healthier Don't torture yourself get this book follow its advice and be a hero Richard B Stolley Senior Editorial Adviser Time Inc Founding Editor People magazine Black Tie Optional is anything but an optional read This step by step guide on how to strategize and execute a successful fundraiser is essential to anyone considering how best to tackle the complicated world of event planning Black Tie Optional is the archetypal roadmap for those undertaking the rewarding yet overwhelming journey of successful fundraising An absolute must read Cathy Elkie's Senior Vice President and Charity Auctioneer Christie's Harry Freedman knows how to plan an event He has it down to an art World renowned artist PETER MAX Regardless of the kind of big event your organization has planned for its next fundraiser everything you need to know and do is in this thorough and essential handbook Now in a Second Edition Black Tie Optional demystifies the process and makes it as easy as possible to have a successful event that generates money as well as new supporters Authors and industry experts Harry Freedman and Karen Feldman cover all the angles and show you how to Decide on the best kind of event for your organization Select the best location and date for your event Develop budgets Reach and book celebrities Create invitations and get publicity Set ticket prices Organize and motivate your committees This handy how to manual takes you step by step through the entire process of selecting and producing simple and complicated events and arms you with all the information you need including practical advice real world examples from actual events summary checklists and worksheets Black Tie Optional is destined to become your dog eared blueprint for making money and allies in the name of your cause

Journal of Physical Education and Recreation, 1980

The Delineator, 1901

Ebony, 1989-07 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine

Newsletter, 1991

Resources in Education, 1984

Spectrum Reading Workbook, Grade 6 Spectrum, 2014-08-15

6th Grade Reading Comprehension Workbooks for kids ages 11 Support your child's educational journey with Spectrum's

Reading Comprehension Grade 6 Workbook that teaches essential 6th grade reading comprehension skills 6th grade reading workbooks are a great way for children to learn reading comprehension and critical thinking skills such as story structure integration of knowledge and ideas about a story and more through a variety of passages and activities that are both fun AND educational Why You ll Love This Reading Comprehension Grade 6 Workbook Engaging and educational reading passages and activities Fiction and nonfiction stories Post reading questions and Fact vs opinion are a few of the fun activities that incorporate reading to help inspire learning into your child s classroom or homeschool curriculum Tracking progress along the way Use the answer key in the back of the reading workbook to track student progress before moving on to new and exciting activities Practically sized for every activity The 174 page 6th grade book is sized at about 8 1 2 inches x 11 inches giving your child plenty of space to complete each exercise About Spectrum For more than 20 years Spectrum has provided solutions for parents who want to help their children get ahead and for teachers who want their students to meet and exceed set learning goals providing workbooks that are a great resource for both homeschooling and classroom curriculum The Spectrum Grade 6 Reading Comprehension Workbook Contains Nonfiction and fiction reading passages Reading activities Answer key

Play from Birth to Twelve Doris Pronin Fromberg,Doris Bergen,2006 In light of recent standards based and testing movements the issue of play in childhood has taken on increased meaning for educational professionals and social scientists This second edition of Play From Birth to Twelve offers comprehensive coverage of what we now know about play its guiding principles its dynamics and importance in early learning These up to date essays written by some of the most distinguished experts in the field help students explore all aspects of play including new approaches not yet covered in the literature how teachers in various classroom situations set up and guide play to facilitate learning how play is affected by societal violence media reportage technological innovations and other contemporary issues which areas of play have been studied adequately and which require further research

Introduction to Physical Education, Fitness, and Sport Daryl Siedentop,2008-11-13 Authored by one of the leading experts in the field this comprehensive text introduces students to the fields of physical education exercise science and allied health presenting the history and trends in physical education and the human movement sciences The text includes a discussion of careers and professional issues in all areas of physical education and kinesiology as well as an introduction to the major subfields including exercise physiology biomechanics motor learning control and development sport sociology sport and exercise psychology sport pedagogy sport humanities and related areas in athletic training sport management and allied health In addition this title provides students with instant access to an Online Learning Center This ancillary sets them up for success with articles and research on physical education interactive quizzes and activities test preparation flashcards and other resources

Immerse yourself in heartwarming tales of love and emotion with Explore Love with is touching creation, Experience Loveis Journey in **Jump Rope Pledge Form** . This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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