

CERTIFICATION MANUAL

The Essentials of Sport and Exercise Nutrition

THIRD EDITION

By John Berardi, PhD, CSCS
Ryan Andrews, MS, MA, RD
Brian St. Pierre, MS, RD, CSCS
Krista Scott-Dixon, PhD
Helen Kotikau, PhD, CSCS
Camille DePutter



Precision Nutrition

Essentials Of Exercise Science Manual

Yi-Tong Ma



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