

Twisting/Leaning

Operative neither twists nor leans during operation

Trunk twists in relation to the hips and thighs or the operative leans to one side as the load is lifted

Trunk both twists and bends to the side as the load is lifted

Holding load away from trunk



CLOSE: Upper arms aligned and upright trunk



MODERATE: Upper arms angled away from body



MODERATE: Trunk bent forward



FAR: Upper arms angled away from body and trunk bent forward

Vertical lift region



Above knee and/or below elbow height



Below knee and/or above elbow height



Floor level or below



At head height or above

Difficult to grip

Containers with well- designed handles or handholds, fit for purpose

Containers with poor handles or hand holds

Containers of poor design. Loose parts, irregular objects, bulky or difficult to handle

Loose parts enabling comfortable grip

Fingers to be clamped at 90 degrees under the container

Non-rigid sacks or unpredictable loads

Constraints on posture

Movements of the operative are unhindered

Operative adopts restricted postures during the lift because of the space available (eg a narrow gap between pallet loads)

Posture is severely restricted e.g. confined space entry

Floor Condition

Dry and clean floor in good condition.

Dry floor but in poor condition, worn, uneven.

Wet floor or unstable footing.

General Risk Assessment Guidelines For Manual Handling

**Tar-Ching Aw, Kerry Gardiner, J. M.
Harrington**



General Risk Assessment Guidelines For Manual Handling:

Embracing the Track of Expression: An Psychological Symphony within **General Risk Assessment Guidelines For Manual Handling**

In a world consumed by monitors and the ceaseless chatter of quick communication, the melodic beauty and psychological symphony produced by the prepared word usually disappear into the backdrop, eclipsed by the constant sound and distractions that permeate our lives. But, nestled within the pages of **General Risk Assessment Guidelines For Manual Handling** a charming fictional value overflowing with raw feelings, lies an immersive symphony waiting to be embraced. Crafted by an outstanding musician of language, this captivating masterpiece conducts visitors on an emotional journey, skillfully unraveling the concealed tunes and profound influence resonating within each carefully constructed phrase. Within the depths with this touching evaluation, we can explore the book is main harmonies, analyze their enthralling publishing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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