

## ***Himalayan Yoga Tradition – Teacher Training Program***



### ***HYT-TTP Home Study Manual 600-Hour Level Two Student Manual***

***An integrated program in self-transformation leading  
to self-realization in the authentic tradition of  
H.H. Sri Swami Rama of the Himalayas.***

***Preliminary Version***

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# Hyt Ttp Home Study Manual 600 Hour Level Two Student Manual

**M Woodhall**



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