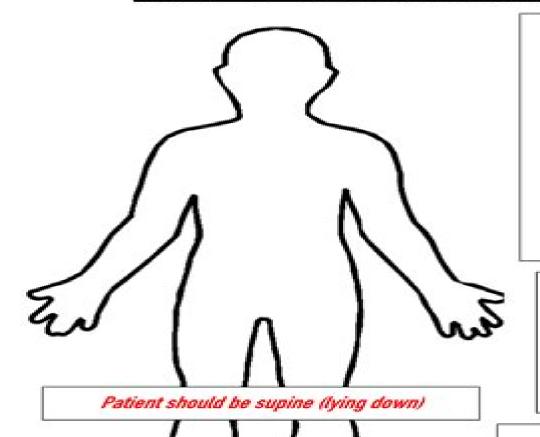
# HEAD-TO-TOE PHYSICAL ASSESSMENT



- BEFORE ASSESSMENT
- Obtain history
- Washes hands
- Greets Client
- ☐ Introduces self
- Explains the assessment
   Verifies name, DOB and checks ID
  - band
- Closes curtain, or door (provide privacy)
- Turn on lights or ensure adequate lighting
- Apply gloves (when indicated)

### NEUROLOGICAL

- Ask them if they know where they are
- Do they know the date?
- Do they know their full name?

Patient is alert and oriented x

#### GENERAL ASSESSMENT

- Overall Development
  - Gender, age, race
  - PAIN ASSESSMENT "Are you experiencing any pain?"
    - PQRST (provokes, quality, radiates, severity, time)
    - On a scale of 1-10?
- Initial overall skin inspection
- Initial overall skeletal inspection
- Initial overall muscular inspection

Note temperature, color, edema, noticeable lesions, and hair (integumentary), deformities, symmetry, atrophy (musculoskeletal)



# **Head To Toe Physical Assessment Documentation**

**BM King** 

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