

# **SOAP Notes Example for Educational Purposes**

Client/Patient Name:	Jonathan Doe
Assessment Date:	02/02/2024
Submitted By:	Sally Smith
Subjective: (Client's description of the problem)	The client stated in his intake interview: "I just don't know where else to turn, I've been laid off my job and can't find work for the past 3 months and can't feed my kids. I'm really embarrassed to even come here, but I'm at the end of my rope and our lights are also getting turned off."
Objective: (Objective observations of the client and problem)	The client was withdrawn and nearly left before he was called into my office. He looks stressed. He was dressed clean clothes, a polo shirt and khaki pants. He has two children, aged 6 and 11, and both were in school when he came in. His electricity is about to be turned off and he has \$398 due. He has not requested help from any other agencies now or in the past.

# **How To Write A Progress Note Or A Soap Note**

**Yi-Tong Ma** 

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