

## Health Science 1-Final Exam Study Guide

### A. Safety

1. What 3 things are needed to start and sustain a fire? **fuel, heat, oxygen**
2. Describe ergonomics. **it promotes safety and attempts to prevent injury**
3. What 4 things do microorganisms need to grow and reproduce? **Water, oxygen, a warm environment, darkness**
4. Name and describe the 6 chains in the chain of infection.  
**Infectious agent-First stage; pathogen**  
**Reservoir host-Second stage; place or host where the pathogen lives/resides**  
**Portal of the exit-Third stage; route of escape of the pathogen from the reservoir**  
**Route of the transmission-Fourth stage; Method by which pathogen gets from the reservoir to the new host by touching the air**  
**Portal of the entry-Fifth stage; route through which the pathogen enters its new host. It could inhale it, ingest it, or have sexual contact**

**Susceptible host- Sixth stage; Organism that accepts pathogen; back to the beginning**

5. What are examples of personal protective equipment? **gloves, mask, goggles**
6. What is the major cause of fires? **carelessness with smoking and matches**
7. When should you wash your hands in healthcare? **Before and after a procedure and if they contaminate and after removing gloves**
8. If a person contracts a pathogen that is transmitted through air, soil, food, or feces is called: **Indirect contact**
9. What are some examples of ways to break the chain of infection? **handwashing, vaccination, wearing a mask**
10. An infection originating inside the body is called a/an: **nosocomial**
11. An infection originating in a healthcare setting is called a/an: **endogenous**
12. What are the routes of exposure to microorganisms? **direct contact, fomites, aerosol airborne, oral ingestion, and vectorborne**

### B. History and Systems

13. Geriatric care will experience a rapid **increase**(increase or decrease) in the future.
14. Is outpatient care more or less expensive than in-patient care? **Less because inpatient goes up every day that you there**
15. Early intervention and preventative services are **More**(more or less) cost-effective than treating the illness after it has occurred.
16. **Hippocrates** developed an organized method to observe the body and record signs and symptoms of diseases.
17. **Michelangelo** and **Leonardo da Vinci** used dissection in order to draw the human body more realistically.
18. Public health and sanitation systems were first developed by the **ancient Romans**.
19. Vaccination for smallpox was developed in 1796 by **Edward Jenner**.
20. Disinfectants and antiseptics were first used to prevent infection during surgery by **D. Joseph Lister**.
21. What disease was cured by introducing citrus fruits or vitamin C? **scurvy**

# Health Exam Study Guide

**G Thomas**



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