

The Matrix Model of Treatment

Joan E. Zweben, PhD

April 23, 2004

Matrix Model Treatment Manual

DP Hallahan



Matrix Model Treatment Manual:

Counselor's Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders U.S. Department of Health and Human Services, 2019-03-17 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000 **Counselor's Treatment Manual**, 2006 **The Matrix Model** Richard A. Rawson, Jeanne L. Obert, Michael J. McCann (M.A.), Walter Ling, 2014

Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery Gary L. Fisher, Nancy A. Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction models of addiction sociocultural perspectives on drug use family and community factors prevention theories and techniques professional issues the criminal justice system and substance abuse assessment and diagnosis and more Counselor's Family Education Manual - Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders Department Of Health And Human Services, 2019-11-23 The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA **Textbook of Addiction Treatment** Nady el-Guebaly, Giuseppe Carrà, Marc Galanter, Alexander M. Baldacchino, 2020-11-03 Addiction is increasingly being recognized as a major global public health issue and an ever growing number of medical specialties psychological and social science training programs and professional associations are including addiction as part of their training and continuing education curricula The first edition of this book presented an overview of the spectrum of addiction related problems across different cultures around the globe Sharing the experience and wisdom of more than 260 leading experts in the field and promoted by the International

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The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders This book brings together an array of international experts on addictive disorders Robert Coombs's *Handbook of Addictive Disorders* discusses the contemporary issues surrounding the understanding of addiction from diagnosis to treatment of an addicted client The *Handbook of Addictive Disorders* is an example of practical and clinical information at its best Lorraine D Grymala Executive Director American Academy of Health Care Providers in the Addictive Disorders The *Handbook of Addictive Disorders A Practical Guide to Diagnosis and Treatment* is a comprehensive state of the art resource featuring valuable contributions from a multidisciplinary team of leading experts This unique guide deftly defines addiction and examines its comorbidity with other problems Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them planning effective treatment and selecting appropriate interventions Chapters on public policy and prevention are of indispensable value in light of this growing health concern The only reference available to cover the full spectrum of addictions and addictive behaviors the *Handbook of Addictive Disorders* provides the most current research and treatment strategies for overcoming Chemical dependency Workaholism Compulsive gambling Eating disorders Sex addiction Compulsive buying This useful guide features case studies figures and diagrams lists of practical interventions for each disorder and self assessment exercises for clients Psychologists addiction counselors social workers and others working in the addictions field will find the *Handbook of Addictive Disorders* to be an essential resource for practical validated information on all types of addictions and their related problems *Counselor's Family Education Manual* U. S. Department of Health and Human Services,2013-06-26 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral

psychoeducation and family approaches as well as 12 Step program support Obert et al 2000 **SAMHSA News** ,2006

Substance Use Disorders Antoine Douaihy,Dennis Daley,2013-10-08 Substance use disorders SUDs are common among many patients with medical and psychiatric disorders Professionals from all medical and behavioral health disciplines must address SUDs to provide optimal care to patients Failure to do so may contribute to morbidity and mortality in cases of more severe substance dependence This new volume in the Pittsburgh Pocket Psychiatry series provides a comprehensive overview of substance use disorders for medical students and psychiatric residents It is aimed particularly at increasing student s knowledge and skills in addressing SUDs The handy pocket sized book focuses on those substances used abused and leading to addiction and the clinical implications of SUDs Epidemiology etiology classifications of SUDs screening and assessment and pharmacotherapy and psychosocial interventions are discussed alongside case histories illustrating the material covered Questions for the reader stimulate thinking about specific cases and how the medical student or resident can help patients with SUDs Additional chapters focus on problems caused or worsened by SUDs such as Hepatitis C HIV AIDS and co occurring psychiatric disorders Relapse and recovery are also explored given many patients with substance dependence relapse Adolescents with SUDs prevention and harm reduction interventions are also reviewed The concept of rom SUDs is incorporated in many of the chapters Medical psychological family and cultural aspects of addiction and recovery are addressed providing the reader with a broad framework for understanding and helping patients with SUDs as well as their families An extensive list of online resources is provided that includes mutual support programs as well as professionals and organizations who offer helpful materials and programs for patients with SUDs Contributing authors represent medicine psychiatry social work psychology in diverse treatment settings Many authors are also researchers and all are educators involved in mentoring medical students residents fellows and other health care professionals

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