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The ABC of Psychiatric Mental Health Nursing Savannah Gloria Buxton,2024-10-15 The ABC of Psychiatric Mental Health Nursing A Beginner s Guide to Understanding Mental Health Care is the essential resource for students and new practitioners entering the field of psychiatric nursing Designed to simplify complex concepts this comprehensive guide provides a clear and accessible introduction to the foundations of mental health care Covering everything from basic mental health principles to specific psychiatric disorders it equips readers with the practical knowledge needed to provide compassionate effective care With step by step instructions real life case studies and interactive learning tools this book bridges the gap between theory and practice It guides readers through the key areas of psychiatric nursing including therapeutic communication crisis management and patient centered care strategies Whether you re preparing for clinical practice or seeking to strengthen your understanding of mental health nursing The ABC of Psychiatric Mental Health Nursing is your go to guide for building a strong foundation in this vital field

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