

How To Improve Yourself?



1. Identify your Drawbacks

2. Be a people person

3. Start taking care of yourself

4. Be Easy going

5. Keep Learning

6. Self-Confidence



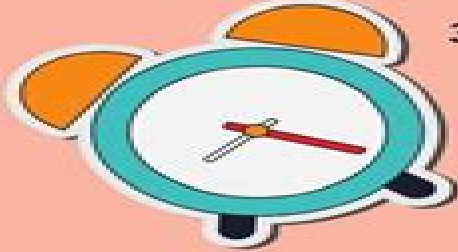
7. Bring Discipline in your Life

8. Learn Good Things

9. Mindfulness

10. Let yourself out

11. Wake up Early

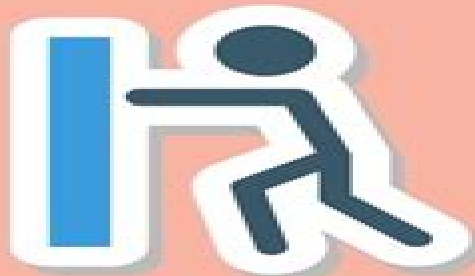
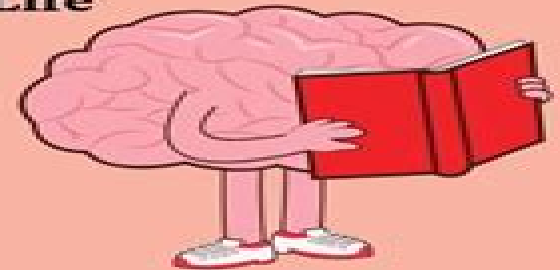


12. Practice a habit of doing one good thing daily

13. Listen to people's feedback

14. Step by step get rid of negativity

15. Step away from demotivating, and disrespecting people



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How To Improve Steps For Improving Oneself

Brendan G. Carr



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