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Guide Book For Annapurna Circuit Itinerary

Andréas De Ruiter, Prem Rai



Guide Book For Annapurna Circuit Itinerary:

Annapurna Siân Pritchard-Jones, Bob Gibbons, 2022-09-08 A guidebook to 4 treks in Nepal's Annapurna region including Annapurna Circuit and Annapurna Sanctuary plus 10 other routes covering the Machhapuchhre region Parbat Myagdi northeast Pokhara the foothills of Lamjung Himal and the restricted areas of Mustang Damodar and Nar Phu Routes range from 4 to 23 days and are graded by difficulty from easy moderate to moderate strenuous Most involve altitudes of over 3000m with the Annapurna Circuit ascending to over 5400m Route description illustrated with sketch mapping and elevation profiles Notes on both organised and independent trekking and accommodation options lodges camping and homestay Advice on preparation and planning including recommended kitlist Healthy and safety A wealth of cultural information plus history plants and wildlife

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The Rough Guide to Nepal Dave Reed, James McConnachie, 2013-11-07 Now available in ePub format The Rough Guide to Nepal is the most passionate and knowledgeable guidebook to this inspiring country It offers an insider's guide to Kathmandu from its Tantric temples to its lively bar scene It details all the finest Himalayan treks with practical up to date and expert advice on when and where to go and what to take It covers all the National Parks offering advice and information on everything from tracking wildlife to hiring elephants Dedicated chapters are devoted to mountain biking white water rafting and other

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tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured Great Adventures Lonely Planet,2014-06-01 This beautiful hardback takes the reader on 75 of the most amazing adventures on the planet From the ultimate challenge of climbing Mount Everest to less strenuous but equally inspiring experiences like kayaking with orcas in Canada and cycling Vietnam's backroads this is the definitive companion to the world's most spectacular adventures With stunning photographs sumptuous descriptions and practical information this inspirational coffee table book will delight armchair explorers and bone fide adventurers alike While it is lovely to linger over the stunning photos there is a lot more to this sumptuously designed title a follow up to Great Journeys than meets the eye This is a perfect gift for the traveller in your life who might be tempted to ride the Tour de France's high passes or paraglide from Mont Blanc's pearly summit Sydney Morning Herald Whether you're active or just love reading about action there's something here for everyone Australian Associated Press If you liked Lonely Planet's Great Journeys you'll love the next in the series Great Adventures Even if you're not planning a trip it's great for armchair travelling The Times About Lonely Planet Started in 1973 Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet as well as an award winning website a suite of mobile and digital travel products and a dedicated traveller community Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in TripAdvisor Travellers Choice Awards 2012 winner in Favorite Travel Guide category Lonely Planet guides are quite simply like no other New York Times Lonely Planet It's on everyone's bookshelves it's in every traveller's hands It's on mobile phones It's on the Internet It's everywhere and it's telling entire generations of people how to travel the world Fairfax Media Australia Important Notice The digital edition of this book may not contain all of the images found in the physical edition

Annapurna Circuit Andrew Stevenson,2014-12-11 Many disenchanted Westerners have gone to the Himalayas in search of renewal but no one has written about the experience as perceptively and personally as Andrew Stevenson in Annapurna Circuit A traveller all his life Stevenson responds to people and places with an openness unique to the cultural nomad his portraits of the men women and children of the Annapurnas and the fellow backpackers from all over the world who intermittently shared his journey are a delight his descriptions of the landscape and the physical hardships of the trek are enthralling But like every travel book of real quality this is also the result of a spiritual journey A richly rewarding read on every level Annapurna Circuit is a modern travel classic in the tradition of Peter Matthiessen's Snow Leopard and Andrew Harvey's Journey to Ladakh The Rough Guide ,2009 **Bibliographic Guide to Maps and Atlases 1995** G K Hall Staff,G. K. Hall and Co. Staff,1996-08 *Annapurna* Siân Pritchard-Jones,Bob Gibbons,2013 An essential guidebook to the Annapurna region the most popular trekking area in Nepal and a magnet for those who love mountains 14 diverse treks update old favourites such as the classic Annapurna Circuit and introduce exciting new routes Packed full of information on

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