

Adult Preventive Care Guidelines

About the MHQP Adult Preventive Care Guidelines

MHQP's 2023 guidelines were developed by a collaborative group of Massachusetts healthcare organizations. These are recommendations for providing preventive care to adult patients from the general population. These guidelines should not supplant clinical judgment or the needs of individual patients. These guidelines are intended as quality-practice recommendations and are not intended as a description of benefits, conditions of payment, or any other legal requirements of any particular health plan or payor. Each health plan or payor makes its own determination of coverage and benefits. In the event that these practice recommendations are inconsistent with any applicable laws or regulations, such laws or regulations take precedence.

Social Determinants of Health (SDoH)

- Review a completed [SDoH screening tool](#) and incorporate into the plan of care
- Develop [action plan](#) at each visit with information available
 - Make sure that social determinants that are being targeted for recommendations are modifiable, like food insecurity, homelessness, lack of transportation, or inaccessibility to quality education
 - Individuals who are at high-risk of certain conditions due to unmodifiable social determinants, like race or age, should be subject to increased screenings as indicated
- Refer patients to additional team members for education, resources, and referrals as needed
- Discuss access to healthcare by asking: "Do you have any concerns that prevent you from keeping your health care appointments?"
- Assess health literacy by asking: "How confident are you filling out medical forms by yourself?"

Screening Tools and Action Plans:

[Social Needs Screening Tool](#): The Social Needs Screening tool screens for five core health-related social needs, which include housing, food, transportation, utilities, and personal safety, using validated screening questions, as well as the additional needs of employment, education, child care, and financial strain.

[Develop an Action Plan](#): A quick form to guide a discussion with patients about their social determinants of health and document a plan to address them. The form is available in seven languages.

Community Resources:

[2-1-1](#): This resource helps individuals obtain information about receiving assistance in the event of a crisis, emergency, or natural disaster.

[Find Help](#): This interactive tool helps individuals find free or reduced cost services related to food, housing, or transportation.

[HelpSteps](#): This interactive tool provides information on how to access social services related to food, housing, and medical care.

(continued on next page)

DEFINITION OF THE SOCIAL DETERMINANTS OF HEALTH FOR MHQP'S GUIDELINES PROGRAM

Social Determinants of Health (SDoH) are the conditions under which people are born, grow, live, work, and age. SDoH can either help a patient's health (like living in a low crime neighborhood), or adversely affect it (such as living in a neighborhood with poor air quality and pollutants). Conditions can be modifiable, like food insecurity or homelessness, or unmodifiable, like race or age. ([AAP](#), [WHO](#))

Hhs Preventive Care Guidelines

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Hhs Preventive Care Guidelines:

Unveiling the Magic of Words: A Review of "**Hhs Preventive Care Guidelines**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Hhs Preventive Care Guidelines**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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