

MULTISPORTS[®]

THE FUTURE OF FITNESS

INSTRUCTIONS

1. Press START/STOP key for 2 seconds to start bike.
2. Press STOP key to return to the test setting function.
3. Press START/STOP key to begin exercising.
4. Adjust level manually by using the UP or DOWN keys during the workout.

PROGRAM SELECTION

Press the MODE key. Then press the UP or DOWN keys to select desired exercise profile.

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10

0.0

P

• SPEED • AVG / SPEED

DISTANCE

PULSE

04

5:58

6

CALORIES

TIME

• SCAN • RPM

• LEVEL • WATT

USER

EXIT

START/STOP

MODE

PROGRAM

PULSE RECOVERY

UP

DOWN

ENTER

Multi Sports Ellipix 6500 User Guide

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Multi Sports Ellipix 6500 User Guide:

Multi Sports Ellipix 6500 User Guide Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has be evident than ever. They have the ability to inspire, provoke, and ignite change. Such is the essence of the book **Multi Sports Ellipix 6500 User Guide**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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