

REAR AIR SHOCK SETUP

Fox Triad

X-Fusion RLA / RC

Sag Setting: Set the sag (20-25% of shock stroke). See attached pressure chart for starting air pressure.

Note - the chart is only a starting point, actual sag needs to be checked and adjusted on the bike, while riding, and at regular intervals. After setting the pressure, push the rubber ring up to the seal, sit on the bike gently, dismount, and measure sag.

Set Standard rebound damping adjuster to rider preference. Typically a slower rebound for slow speed, bigger hits to eliminate kickback, or faster rebound for higher speeds and smaller hits, so the suspension does not dive and has time to rebound between bumps.

Fox Triad ride tips (fig. 1): Three compression settings dial in the shock efficiency and ride characteristics.

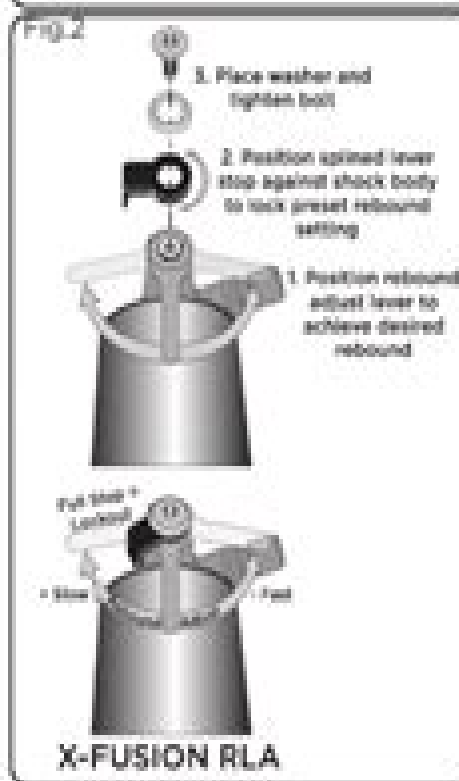
1) Lockout- compression is closed, locking out the shock for the most efficient pedaling setting.

2) ProPedal- adds in slow speed compression to improve shock efficiency while still allowing the shock to absorb medium and large size hits. This setting is great for all-round riding providing an efficient pedaling platform while still absorbing trail features.

3) Open- very little compression damping for the most supple and sensitive ride possible.

X-Fusion RLA ride tips (fig. 2): the RLA shock has a unique rebound adjust feature that affects compression, and lockouts at the "+" side.

X-Fusion RC ride tips: the blue compression lever will close the shock's compression, locking it out for the most efficient ride.



Rider		Triad	X-Fusion
lbs	kg	air (psi)	air (psi)
90-100	41-45	80-85	95-100
100-110	45-50	85-90	100-110
110-120	50-54	90-95	110-120
120-130	54-59	95-100	120-125
130-140	59-64	100-110	125-130
140-150	64-68	110-120	130-135
150-160	68-73	120-125	135-140
160-170	73-77	125-130	140-150
170-180	77-82	130-135	150-160
180-190	82-86	135-140	160-170
190-200	86-91	140-145	170-180
200-210	91-95	145-155	180-190
210-220	95-100	155-165	190-200
220-230	100-104	165-175	200-210
230-240	104-109	175-185	210-220
240-250	109-113	185-195	220-230
250-265	113-120	195-205	230-240
265-280	120-127	205-215	240-250
280-295	127-134	215-225	250-260

NOTE: This air chart is designed as a recommended starting point only. Please refer to your shock owner's manual for additional setup information.

Fox Rcsetup Guide

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