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Subject: Life Orientation	Grade: 7	Duration: 60 minutes	Total: 70
Paper: Task 1 – Written task		Assessment Date: March 2023	Pages: 7
Examiner: M May		Subject Head: A Adams	Moderation date: March 2023
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Class 7 A/ B

Instructions:

1. Read through the questions before answering.
2. Answer ALL the questions in the spaces provided.
3. Write neatly and legibly.

Good Luck!

Question 1: (30)

Select the most appropriate answer. Circle the letter of the answer you have chosen.

- 1.1 The time of life when boys and girls become men and women is called puberty or ... (3)
 - a) Old age
 - b) Mid-life crisis
 - c) Teens
 - d) Adolescence

- 1.2 The hormone that triggers physical changes in girls during puberty is ... (1)
 - a) Testosterone
 - b) Estrogen
 - c) Endocrine
 - d) Sebum

- 1.3 COVID- 19 came into existence in ... (1)
 - a) 2019
 - b) 2018
 - c) 2020
 - d) 2023

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