

Course: Lay Responder First Aid and CPR/AED Instructor

Purpose

To train instructor candidates to teach basic-level American Red Cross First Aid, CPR and AED courses for lay responders.

Prerequisites

- Minimum age of 16.
- Possess a Fundamentals of Instructor Training certificate (Certificate 3007) issued within the last year or a current National Health and Safety Instructor authorization (F5736 or Certificate 3005).
- Pass a precourse written exam with a score of 80 percent or higher on each component and successfully demonstrating competency in the skills evaluation in accordance with the established skill standards.

Learning Objectives

Upon conclusion of this instructor course, candidates should be thoroughly familiar with course materials and should be able to—

- Demonstrate the characteristics required of an American Red Cross representative and role model.
- Teach courses in a manner that helps participants stay engaged in the learning process.
- Ensure participants' health and safety during training.
- Demonstrate applicable first aid, CPR and AED skills at an appropriate level of performance.
- Maintain complete and accurate records and reports.
- Plan, organize and conduct the first aid, CPR and AED courses in accordance with the requirements of the specific program they will be teaching, and evaluate participants.
- Monitor participants' practice and provide corrective feedback and encouragement consistent with the critical skill performance steps.
- Choose the appropriate course and materials to meet the specific training needs of participants or groups.

Length

Approximately 16 hours (based on 6 instructor candidates per instructor trainer).

Instructor

A currently authorized American Red Cross Lay Responder First Aid and CPR/AED Instructor Trainer.

Certification Requirement

- Successfully complete the precourse session.
- Attend and actively participate in all course sessions.
- Successfully complete class activities, including practice-teaching assignments.
- Pass the instructor course final written exam with a score of at least 80 percent.

Lay Responder First Aid Study Guide

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Disease Control Priorities, Third Edition (Volume 1) Haile T. Debas, Peter Donkor, Atul Gawande, Dean T. Jamison, Margaret E. Kruk, Charles N. Mock, 2015-03-23 Essential Surgery is part of a nine volume series for Disease Control Priorities which focuses on health interventions intended to reduce morbidity and mortality The Essential Surgery volume focuses on four key aspects including global financial responsibility emergency procedures essential services organization and cost analysis

Take Control of Life's Crises Today! A Practical Guide Robert Haynes, 2014-10-23 Do you wonder why some people handle crises so well while others encounter the same situation and do so poorly Take Control of Life's Crises Today shows you how to confidently deal with nearly anything you encounter You can assess your current skills and learn how to effectively handle crises a fight with a partner a job interview dealing with a natural disaster like a hurricane or reacting to a car accident While this book is written for anyone looking to improve his or her ability to handle crises in life special chapters are designed to address Parents helping their children learn to cope with crises Teachers preparing themselves and their students for a crisis First Responders learning to better cope with crises on the job Take Control of Life's Crises Today is personal and easy to read It is filled with case examples practical suggestions and simple concrete steps for developing your skills in managing crises

Tintinalli's Emergency Medicine: A Comprehensive Study Guide, Seventh Edition Judith Tintinalli, J. Stapczynski, O. John Ma, David Cline, Rita Cydulka, Garth Meckler, 2010-11-12 The landmark emergency medicine text is now in full color 17 additional chapters available for download With 418 contributors representing over 120 medical centers around the world Tintinalli's Emergency Medicine is the most practical and clinically rigorous reference of its kind It covers everything from prehospital care disaster preparedness and basic resuscitative techniques to all the major diseases requiring emergency treatment such as pulmonary emergencies renal and GU disorders and hemophilia This authoritative in depth coverage makes this classic text indispensable not only in emergency departments but also for residents and practitioners when studying or preparing for any exam they may face While continuing to provide the most current information for acute conditions the seventh edition of Tintinalli's Emergency Medicine has been substantially revised and updated to cover all of the conditions for which patients seek emergency department care in a concise and easy to read manner

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The Wide Spectrum of Ventricular Arrhythmias: From out-of-hospital cardiac arrest to advanced in-hospital treatment Alessandro Zorzi, Simone Savastano, Hanno L. Tan, Veronica Dusi, Roberto Rordorf, Enrico Baldi, 2024-03-13

Outdoor Emergency Care: A Patroller's Guide to Medical Care Edward C. McNamara, David H. Johe, Deborah A. Endly, 2020-05-07 Update July 1 2024 The Outdoor Emergency Care course has migrated to NSP's Center for Learning Platform From July 1 December 31 2024 NSP will offer both the Navigate Advantage Access Navigate and NSP Center for Learning Hybrid versions of the course Prior to enrolling verify with your instructor which course to choose Students enroll in either course through the NSP Center for Learning from the nsp.org website For students enrolled in the Outdoor Emergency Care Navigate version of the course please purchase either the Advantage Access fully digital or Paperback Advantage textbook to access the online course materials You will access the course portal via the Navigate Advantage Access code provided with your textbook For students enrolled in the Outdoor Emergency Care Hybrid version of the course please do not purchase the Advantage Access digital only version of the textbook You will access the course from your NSP Center for Learning Developed in partnership with the National Ski Patrol Outdoor Emergency Care A Patroller's Guide to Medical Care Sixth Edition is designed to prepare first responders to handle any medical situation in the outdoor environment during all seasons The Sixth Edition features A straightforward consistent patient assessment process The patient assessment process is presented in the same way patients are assessed in the health care system Flowcharts are provided throughout the Patient Assessment chapter to keep the reader focused on each step of the process Up to date content As you read through each chapter you will find new information that is current with present prehospital patient care Subject matter that meets and in many cases exceeds the National Emergency Medical Responder criteria Information unique for ski and bicycle patrollers including extrication is included This material is presented in a format that combines the disciplines of urban EMS and wilderness medical rescue Continuous case studies A continuous case study is included in each chapter to encourage critical thinking and application of the information as readers progress through the chapter End of

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