

Self Reflection Paper

My major is medical office assistant. I am 33 years old and I am happily married with two beautiful children. The most valuable lesson I have learned in this journey is that I wish I would have decided to achieve this goal earlier in life. I think that it would have been easier without all the extra responsibilities, but when you are younger you sometimes don't understand the importance of your education. My goal with this degree is better myself, and my family. I know the health industry will be growing and seems like the job opportunities will be there in this field.

I decided to take this course mainly online because of my family and also because I am currently working part time with the Department of Rehabilitation. It seemed like it would be easier to be able to work on my own time than to have a set schedule that I had to go by. Sometimes this concept was correct and sometimes I think having face to face correspondence would have made some of the lessons more understanding. I am currently on the last semester of my major, besides of the interning part. I am looking forward to finally being able to use the skills that I have learned on this path.

On this journey I have took many fulfilling and very helpful courses. Some of these courses consist of:

- Intermediate Keyboarding
- Advanced Keyboarding
- Word Processing

With these courses I have improved my typing and Word skills. I have learned this is a very important skill to maintain in the field I would like to pursue.

Other courses that I have took that helped improved my filing and organization skills, ethic skills, writing skills and communication skills are as follows:

- Employment Methods
- Records Management
- Technical Writing
- Fundamentals of Effective Speaking
- Communications

I feel the most important courses that I took on my journey, I have not listed yet. These courses really helped me with medical terminology, the basics to the job of medical transcriptionist, and medical coder. Learning how to fill out medical records, insurance documents, and the importance of the accuracy. Knowing the anatomy of the body and the correct medical terms and codes to use for coding and transcribing. I feel that these classes were the core to my major.

- Introduction to Medical Terminology
- General Psychology
- Medical Office Procedures

How To Write A Personal Reflection Paper

Anthony S. Fauci



How To Write A Personal Reflection Paper:

Writing Theology Well Lucretia B. Yaghjian, 2006-11-24 In its creative integration of the disciplines of writing rhetoric and theology Writing Theology Well provides a standard text for theological educators engaged in the teaching and mentoring of writing across the theological curriculum As a theological rhetoric it will also encourage excellence in theological writing in the public domain by helping to equip students for their wider vocations as writers preachers and communicators in a variety of ministerial and professional contexts **Twenty-One Genres and How to Write Them** Brock Dethier, 2013-04-15 In this classroom tested approach to writing Brock Dethier teaches readers how to analyze and write twenty one genres that students are likely to encounter in college and beyond This practical student friendly task oriented text confidently guides writers through step by step processes reducing the anxiety commonly associated with writing tasks In the first section Dethier efficiently presents each genre providing models a description of the genres purpose context and discourse and suggestions for writing activities or moves that writers can use to get words on the page and accomplish their writing tasks The second section explains these moves over two hundred of them in chapters ranging from Solve Your Process Problems and Discover to Revise and Present Applicable to any writing task or genre these moves help students overcome writing blocks and develop a piece of writing from the first glimmers of an idea to its presentation This approach to managing the complexity and challenge of writing in college strives to be useful flexible eclectic and brief a valuable resource for students learning to negotiate unfamiliar writing situations Handbook of Reflection and Reflective Inquiry Nona Lyons, 2010-04-07 Philosophers have warned of the perils of a life spent without reflection but what constitutes reflective inquiry and why it is necessary in our lives can be an elusive concept Synthesizing ideas from minds as diverse as John Dewey and Paulo Freire the Handbook of Reflection and Reflective Inquiry presents reflective thought in its most vital aspects not as a fanciful or nostalgic exercise but as a powerful means of seeing familiar events anew encouraging critical thinking and crucial insight teaching and learning In its opening pages two seasoned educators Maxine Greene and Lee Shulman discuss reflective inquiry as a form of active attention Thoreau's wide awakeness an act of consciousness and a process by which people can understand themselves their work particularly in the form of life projects and others Building on this foundation the Handbook analyzes through the work of 40 internationally oriented authors Definitional issues concerning reflection what it is and is not Worldwide social and moral conditions contributing to the growing interest in reflective inquiry in professional education Reflection as promoted across professional educational domains including K 12 education teacher education occupational therapy and the law Methods of facilitating and scaffolding reflective engagement Current pedagogical and research practices in reflection Approaches to assessing reflective inquiry Educators across the professions as well as adult educators counselors and psychologists and curriculum developers concerned with adult learning will find the Handbook of Reflection and Reflective Inquiry an invaluable teaching tool for challenging times **Clinical**

Supervision Activities for Increasing Competence and Self-Awareness Roy A. Bean, Sean D. Davis, Maureen P.

Davey, 2014-03-18 Cultivate self awareness empathy and clinical competence in the mental health professionals you supervise Providing tested guidance for clinical supervisors of mental health professionals editors Roy A Bean Sean D Davis and Maureen P Davey draw from their own backgrounds in training private practice and academe as well as from an international panel of experts representing various mental health fields to provide activities and best practices that allow therapists to better serve an increasingly diverse set of clients and issues While clinical skills are easily observed the more subtle areas of self awareness or exploring unexamined judgments are more difficult to spot and to provide supervision and guidance for The numerous experiential activities included will help supervisors and the mental health professional they supervise develop their skills and techniques around Intuition Empathy Self awareness Mindfulness Multicultural awareness Perspective taking The book covers both clinical as well as diversity focused competence and awareness and suggests various forms of activities including research exercises reflection journaling and more Each activity includes measurement metrics as well as additional resources that help clinicians identify the best activity for a given situation Appropriate for clinicians at every level and from a multitude of backgrounds these tried and tested best practices can be used in clinical supervision as a class assignment or to facilitate professional growth

Engaging Ideas John C. Bean, Dan Melzer, 2021-06-09 Use your course's big ideas to accelerate students' growth as writers and critical thinkers The newly revised third edition of Engaging Ideas delivers a step by step guide for designing writing assignments and critical thinking activities that engage students with important subject matter questions This new edition of the celebrated book now written by the co-author team of Bean and Melzer uses leading and current research and theory to help you link active learning pedagogy to your courses subject matter You'll learn how to Design formal and informal writing assignments that guide students toward thinking like experts in your discipline Use time saving strategies for coaching the writing process and handling the paper load including alternatives to traditional grading such as portfolio assessment and contract grading Help students use self assessment and peer response to improve their work Develop better ways than the traditional research paper to teach undergraduate reading and research Integrate social media multimodal genres and digital technology into the classroom to promote active learning This book demonstrates how writing can easily be integrated with other critical thinking activities such as inquiry discussions simulation games classroom debates and interactive lectures The reward of this book is watching students come to class better prepared more vested in the questions your course investigates more apt to study purposefully and more likely to submit high quality work Perfect for higher education faculty and curriculum designers across all disciplines Engaging Ideas will also earn a place in the libraries of graduate students in higher education

Writing Theology Well 2nd Edition Lucretia B. Yaghjian, 2015-09-24 A working guide for students conducting theological writing and research on theology and biblical studies courses this book integrates the disciplines of writing rhetoric and theology to provide a standard text for the teaching and mentoring of writing across

the theological curriculum As a theological rhetoric it also encourages excellence in theological writing in the public domain by helping to equip students for their wider vocations as writers preachers and communicators in a variety of ministerial and professional contexts This 2nd Edition includes new chapters on Writing Theology in a New Language which explores the linguistic and cultural challenges of writing theology well in a non native language and Writing and Learning Theology in an Electronic Age addressed to distance learning students learning to write theology well from online courses and dealing with the technologies necessary to do so

Learning Guide & Journal for Reflective Practice, Third Edition Sara Horton-Deutsch, Gwen D. Sherwood, 2023-12-12 This guide is designed to work as both a companion and a stand alone resource for integrating the teachings and learnings from Reflective Practice Reimagining Ourselves and Reimagining Nursing 3rd edition Reflection is crucial for personal and professional growth and development as it allows us to analyze and learn from our experiences Each chapter begins with learning objectives and subjectives to emphasize the importance of fully integrating cognitive psychomotor and affective learning into our teaching and learning Micropractices small scale reflective activities encourage readers to seek deeper insights and learn more tools for improving both self care and caring for others Learning narratives and reflective questions are also included in each chapter Learners may use the Reflective Practice Learning Guide Journal as part of a class for personal journaling to renew and revision themselves or as a part of systematic professional growth and development Educators can use the guide for their own professional development renewal and regeneration or as an accompaniment to classroom or clinical learning experiences with any level of learner

ABOUT THE AUTHORS Sara Horton Deutsch PhD RN FAAN ANEF SGAHN is a Caritas Coach Professor and Director of the University of San Francisco Kaiser Permanente Partnership at the University of San Francisco School of Nursing and Health Professions Gwen D Sherwood PhD RN FAAN ANEF has a distinguished record in advancing nursing education locally and globally She is Professor Emeritus at the University of North Carolina at Chapel Hill School of Nursing

The Oxford Handbook of Undergraduate Psychology Education Dana Dunn, 2015 The Oxford Handbook of Undergraduate Psychology Education provides psychology educators administrators and researchers with up to date advice on best teaching practices course content teaching methods and classroom management strategies student advising and professional and administrative issues

Empowering Online Learning Curtis J. Bonk, Ke Zhang, 2009-10-29 This is an essential resource for anyone designing or facilitating online learning It introduces an easy practical model R2D2 read reflect display and do that will show online educators how to deliver content in ways that benefit all types of learners visual auditory observational and kinesthetic from a wide variety of backgrounds and skill levels With a solid theoretical foundation and concrete guidance and examples this book can be used as a handy reference a professional guidebook or a course text The authors intend for it to help online instructors and instructional designers as well as those contemplating such positions design develop and deliver learner centered online instruction Empowering Online Learning has 25 unique activities for each phase of the R2D2 model as well

as summary tables helping you pick and choose what to use whenever you need it Each activity lists a description skills addressed advice variations cost risk and time index and much more This title is loaded with current information about emerging technologies e g simulations podcasts wikis blogs and the Web 2 0 With a useful model more than 100 online activities the latest information on emerging technologies hundreds of quickly accessible Web resources and relevance to all types and ages of learners Empowering Online Learning is a book whose time has come Cases on Formal and Informal E-Learning Environments: Opportunities and Practices Yang, Harrison Hao, 2012-07-31 Today the online sphere is no longer just an information repository or a place to search for resources It has become instead a place supporting both intentional and non intentional learning Intentional formal learning often leads to certification whereas informal learning is unstructured and takes place as part of daily work related or leisure activities Cases on Formal and Informal E Learning Environments Opportunities and Practices brings together cases outlining the practical aspect of formal non formal and informal online learning This book introduces conceptual aspects of these types of learning knowledge base new learning paradigms policy implications evaluation and concerns design and development of online learning

Reviewing **How To Write A Personal Reflection Paper**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**How To Write A Personal Reflection Paper**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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