(3)

[25]

050

relationship because they ... (valid reason for equal power in a healthy relationship) 📢

- 2.7.2 Explain how John has more power than Nomsa, but is then abusing it in their relationship?

  He has money and gives her gifts but then acts possessive (as if he buys/owns her) √√/

  He is older and working so he wants to make decisions on her behalt/expect her to obey him √√/

  (Any 2 W/AYS in which he has more power and then abusing the power to enforce his will)
- 2.7.3 What would you advise Nomsa to do to address this situation with her boyfriend?

If the person answers that they do not agree with an unequal distribution of power then, any answers that will empower Nomsa, or take away power from John. Any THREE or other relevant answers and could include:

- concentrate on what HER dreams are ₩
- gain information to make informed decisions √/
- build her self-esteem √/
- work hard to ensure financial stability √
- find job after school √

If a Person agrees that an unequal balance of power is not unhealthy then the advice can empower Nomsa, or address John's abuse of the power that he has. Any THREE or other relevant answers and could include:

- any of the above
- seek advice from a married couple that you respect and admire √
- ask someone you and John respect to speak to him about his expectations v
- talk to John about your future and dreams together and ask him to help you finish school, take care of your family.
- ask John to wait for you until you are finished with school if he is not willing to wait, he does not think you are worth the wait, and that means neither is he - get out.

#### QUESTION 3: PHYSICAL AND MENTAL HEALTH

- 3.1 Health is more than not being sick. Wellness includes a good quality of life and a feeling of well-being.
  - 3.1.1 Name five ways in which physical activity can improve your well-being.

# <u>Limpopo Life Orientation Grade 10 Past Exam Paper</u>

**Jin-Ying Zhang** 

**Limpopo Life Orientation Grade 10 Past Exam Paper:** 

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