

Bifidobacterium Bb12
Lb. plantarum Vege-Start 60
Lb. acidophilus LA-5
Lb. plantarum ETL1
Lb. paraplantarum ETL2

Precultivation of bacteria
17 h / MRS-broth /
30 or 37°C

5% crushed and stone milled flax-
seed + 1.5% glucose/water

Heating in water bath
70°C / 30 min

Cooling

Fermentation using 2% inoculum
30 or 37°C

4 h after fermentation:
pH, cfu/ml, organoleptic characteristics

Shelf life: 3, 9 and 15 days in refrigerator (+4°C):
pH, structure

Flowsheet For Sourkrout Fermentation Manual

Victor M. Corman



Flowsheet For Sourkrout Fermentation Manual:

Flowsheet For Sourkrout Fermentation Manual Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has be more evident than ever. They have the ability to inspire, provoke, and ignite change. Such could be the essence of the book **Flowsheet For Sourkrout Fermentation Manual**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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