
Study Guide for LCDC Test with Complete Solutions

Stage 1 Addiction - ANSWER-Experimental

Stage 2 - ANSWER-Abuse

Stage 3 - ANSWER-Dependency

Recovery - ANSWER-is the process of initiating and maintaining abstinence from alcohol or other drug use

5 Critical Components of Effective Treatment - ANSWER-1) Assessment

2) Patient-Treatment Matching

3) Comprehensive Services

4) Relapse Prevention

5) Accountability

Assessment of Treatment - ANSWER-uses diagnostic instruments and process to determine an individual's needs and problems. Possible cause of addiction

Patient-Treatment Matching - ANSWER-ensures the client receives the type of treatment based upon their personality background mental condition and extent and duration of substance abuse

Comprehensive Services - ANSWER-range of services needed in addition to specific alcohol or drug treatment. To help access the full extent of additional services needed for whole life. Needs of addicted person are often very complex, including health problems, financial and legal issues, psychological problem.

Relapse Prevention - ANSWER-helps prevent chronic and relapsing disorder. Strategies for coping with these barriers when they occur

Accountability for a treatment program - ANSWER-determine the success of specific approaches and modalities.

Model for Comprehensive Treatment - ANSWER-Assessment

Sam Day Intake

Documenting finding and treatment

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