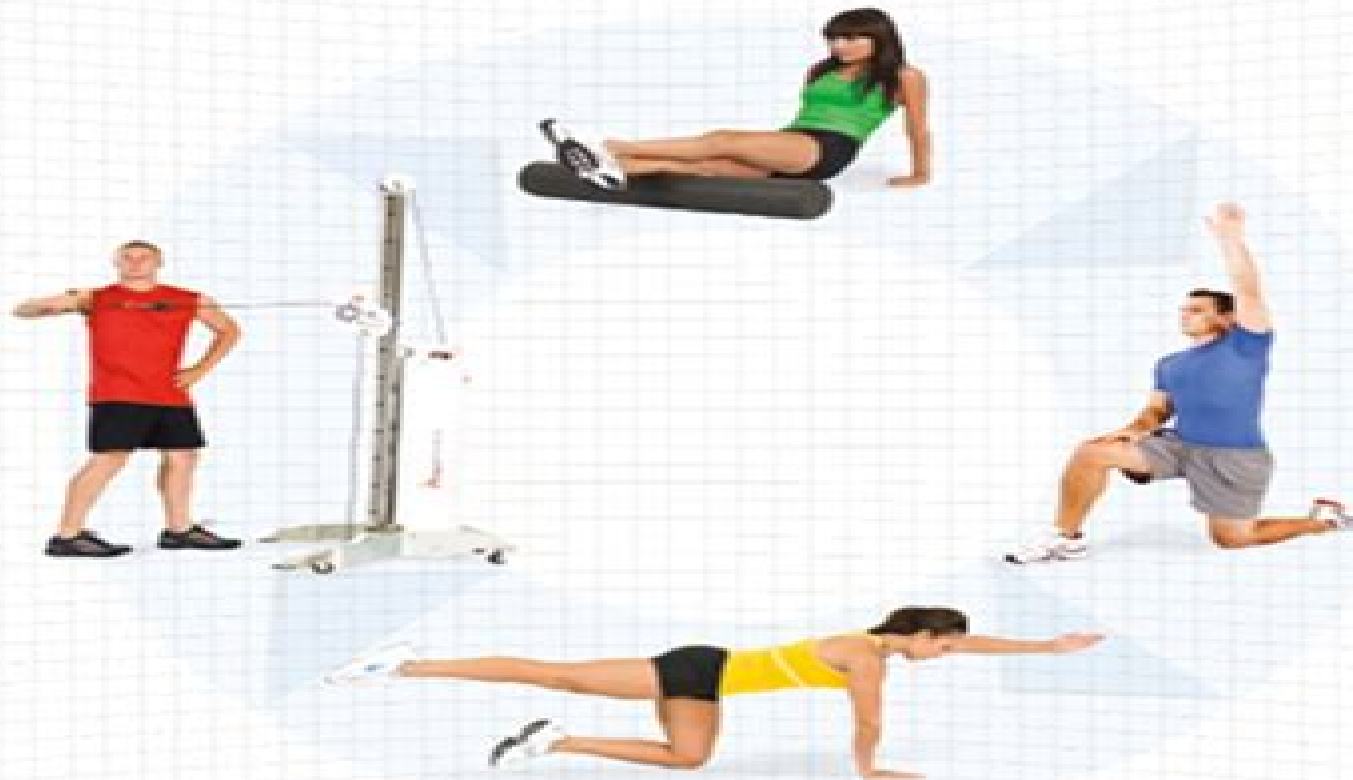




NASM Essentials of Corrective Exercise Training

FIRST EDITION REVISED

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