History Paper Proposal

(Student's name) HIS 111 Inquiry Paper Proposal (Date)

Title: War Neurosis and the Great War

<u>Historical Question</u>: Why did the Great War fuel the study of psychological trauma and illness? (Read below how to develop a good historical question.) (This part is optional now, but have a thesis question by your first draft.)

Prior to the Great War, the desire to study war neurosis was nearly nonexistent. However, World War I brought the demand to understand soldiers' reactions to the destruction they witnessed. Why did the Great War fuel the study of psychological trauma and neurosis? To answer this question, one must understand the development of war trauma research. Doctors had primitive views of trauma. Most educated psychoanalysts attributed trauma to women. They felt that women were genetically prone to cases of hysteria. If men had shown signs of psychological illnesses, doctors assumed the men were feminine or weak. Therefore, society put a stigma on anyone deemed psychologically unfit. Since men were naturally tough, doctors also assumed that men should not show signs of weakness during or after a war. Yet, most doctors began to move away from this assumption after studying soldiers from the Russo-Japanese war. The Great War made military officials, politicians, and doctors realize that the brutality of war caused men to psychologically deteriorate. Soldiers had always to think about their survival, so this made them prone to constant stress and anxiety. In addition, soldiers faced new weaponry like tanks, poisonous gases, and more powerful and accurate artillery. Finally, the interest in war neurosis peaked when soldiers returned to society. Doctors were stunned by the emotionless men they analyzed. Only after many years, soldiers began to open up and relate their experiences of the war. Therefore, the study of war trauma evolved during the Great War because of the curiosity of doctors, the attempt to understand the new form of violence the war brought, and the fascination with the soldiers after their return to society.

The study of war neurosis is important because the knowledge is useful in understanding the experience soldiers went through on the battlefield. Upon returning home, soldiers had feelings of guilt, remorse, fear, hysteria, and hopelessness. World War I marked the transition of society moving away from glorifying war to a feeling of uncertainty and apprehension. Although general accounts from World War I outlined the hardships of war, observance of psychological conditions educated societies about the dangers of violence. Also, the literature at this time gave individuals the opportunity to read about the horrors the young men endured. Even today, studying literature or personal accounts from armed conflicts comes from the Great War. The most well known accounts of psychological suffering among soldiers are the accounts of Vietnam. The early work of doctors on the Great War helped the study of traumatic stress in Vietnam. Knowledge about war neurosis was limited prior to World War I, but perhaps society will understand future soldiers because of the pioneer work done during the Great War. Finally, war neurosis helps psychologists understand human emotions. By examining an individual during

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