



TRAINING HANDOUT

HOYER LIFT

What Is it?

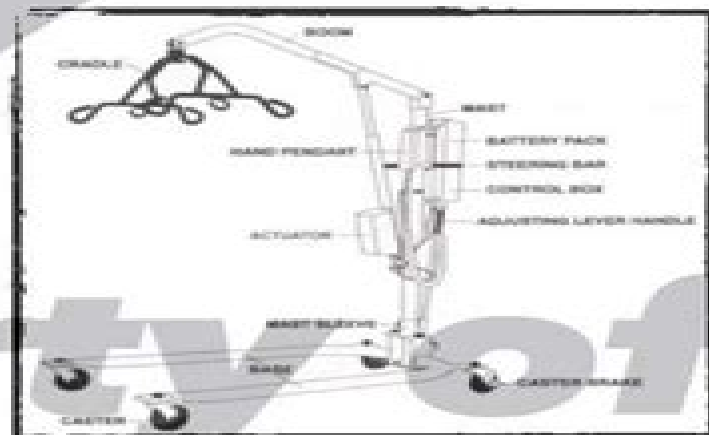
Hoyer Lifts allow a person to be lifted and transferred with minimum physical effort. Before attempting to lift anyone, practice with the lifter by using a helper, not the client. You must know and understand how the lifter will feel with a client in it. Be certain to explain the lifting sequence to the client before attempting to lift them the first time.

Why does my client need it?

Hoyer lifts are used both for the safety of the client and the staff. Most back injuries that occur for caregivers happen during transfers. Hoyer lifts put almost no strain on the back and are easy to operate. They are also safer for your client because using a Hoyer reduces the risk of falls.

How do I use it?

Hoyer lifts are all slightly different, but will have the same general characteristics and are operated similarly. For specific instructions on how to use your client's Hoyer, refer to your supervisor. Below are basic instructions.



BASICS:

The Boom of the lift does not swivel. The client's weight must be centered over the base legs at all times. Do not attempt to lift client with the mast/boom assembly swiveled to either side. Always keep client facing the person operating the lifter.



U-sling diagram

The sling- there are many different types of slings, but the U-Sling is the most commonly used for transferring client from bed. Consult the sling manual on how to fold the sling before placing under client. Folding the sling makes for less work. These U-Sling wraps around the thigh and crosses between the legs. This gives the client a secure feel and prevents them from sliding out of the sling.



U-sling being used by a person

Hoyer Lift Repair Manual

IM Harris



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