Kaplan OB Integrated Test Notes

Newborn VS and reflexes - HR: 120-160
Respirations: 30-60 abdominal
Temperature: 36.5-37 degrees
Blood pressure: 80-60/50-40
Babinski reflex- bottom of foot
Moro reflex- startle reflex, arms move out and then into a flexed position
Rooting- turns head toward object
Sucking- sucks on finger/nipple inserted into mouth

Preconception counseling - -quit smoking, limit caffeine, avoid alcohol, increase folic acid, and continue regular exercise

Pica Consumption - -persistent ingestion of non-edible material such as dirt and clay, may cause iron deficiency -more common in rural areas, appears to be a family link

Physical Changes of Pregnancy - breathing changes from abdominal to thoracic,

increased volume of inspired air, shortness of breathincreased cardiac output, increased pulse

-delayed gastric emptying and decreased peristalsis

-heartburn and constipation occur

-UTI

-linea nigra and striae

Timing Uterine Contractions - -time from beginning of one contraction to the beginning of the next contraction

-duration is the time from beginning of a contraction to its completion

-intensity is the strength of a contraction at the highest point

Danger Signs of Pregnancy - -include leaking amniotic fluid, vaginal bleeding, severe headaches, abdominal pain or persistent vomitting, fever, chills, swelling in face and fingers

Oxytocin - -given to stimulate an active labor pattern
-can induce labor and help control postpartum bleeding
-administer with pump, closely monitor client and fetus
-stop if contractions are occurring less than 2 minutes apart and are lasting longer than
60-90 seconds

Fetal Development - -8-12 weeks is when fetal HR can be dopplered

-16 weeks can determine sex of baby

-20 weeks heartbeat is heard, client can feel movement

-24 weeks increased activity, weighs 1 pound 10 oz, respiratory movement occurs

-28 weeks eyes open and close, can breath, 2/3 final size

-32 weeks- has hair fingernails, and subcutaneous fat

-38-40 weeks fills uterus

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Kaplan and Sadock's Comprehensive Textbook of Psychiatry Benjamin J. Sadock, Virginia A. Sadock, Pedro Ruiz, 2017-05-11 50th Anniversary Edition The cornerstone text in the field for 50 years Kaplan Sadock's Comprehensive Textbook of Psychiatry has consistently kept pace with the rapid growth of research and knowledge in neural science as well as biological and psychological science This two volume Tenth Edition shares the expertise of over 600 renowned contributors who cover the full range of psychiatry and mental health including neural science genetics neuropsychiatry psychopharmacology and other key areas It remains the gold standard of reference for all those who work with the mentally ill including psychiatrists and other physicians psychologists psychiatric social workers psychiatric nurses and other mental health professionals Towards an Integrated Approach to Measurement, Analysis and Modeling of Cortical **Networks** A. Ravishankar Rao, Guillermo A. Cecchi, Ehud Kaplan, 2016-03-17 The amount of data being produced by neuroscientists is increasing rapidly driven by advances in neuroimaging and recording techniques spanning multiple scales of resolution The availability of such data poses significant challenges for their processing and interpretation To gain a deeper understanding of the surrounding issues the Editors of this e Book reached out to an interdisciplinary community and formed the Cortical Networks Working Group and the genesis of this e Book thus began with the formation of this Working Group which was supported by the National Institute for Mathematical and Biological Synthesis in the USA The Group consisted of scientists from neuroscience physics psychology and computer science and meetings were held in person A detailed list of the group members is presented in the Editorial that follows At the time we started in 2010 the term big data was hardly in existence though the volume of data we were handling would certainly have qualified Furthermore there was significant interest in harnessing the power of supercomputers to perform large scale neuronal simulations and in creating specialized hardware to mimic neural function We realized that the various disciplines represented in our Group could and should work together to accelerate progress in Neuroscience We searched for common threads that could define the foundation for an integrated approach to solve important problems in the field We adopted a network centric perspective to address these challenges as the data are derived from structures that are themselves network like We proposed three intertwined threads consisting of measurement of neural activity analysis of network structures deduced from this activity and modeling of network function leading to theoretical insights This approach formed the foundation of our initial call for papers When we issued the call for papers we were not sure how many papers would fall into each of these threads We were pleased that we found significant interest in each thread and the number of submissions exceeded our expectations This is an indication that the field of neuroscience is ripe for the type of integration and interchange that we had anticipated We first published a special topics issue after we received a sufficient number of submissions This is now being converted to an e book to strengthen the coherence of its contributions One of the strong themes emerging in this e book is that network based measures capture better the dynamics of brain processes and provide features with greater discriminative power than point based measures Another theme is the importance of network oscillations and synchrony Current research is shedding light on the principles that govern the establishment and maintenance of network oscillation states. 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Sadock, Pedro Ruiz, 2012-03-28 Kaplan Sadock's Study Guide and Self Examination Review in Psychiatry is a comprehensive review of the specialty and perfect for stand alone review or as preparation for the PRITE in service ABPN Part I and recertification examinations The book contains more than 1 600 multiple choice questions and answers with explanatory discussions of correct and incorrect responses Chapters parallel the essential corresponding chapters in Kaplan Sadock's Synopsis of Psychiatry a staple of psychiatry education around the globe Terms and definitions are consistent with DSM IV TR and ICD 10 NCLEX-PN Content Review Guide Kaplan Nursing, 2023-08-01 Kaplan's NCLEX PN Content Review Guide provides comprehensive review of the essential content you need to ace the NCLEX PN exam The Best Review Covers all the must know content required to pass the NCLEX PN Content is organized in outline format and easy access tables for efficient review Chapters follow the NCLEX's Client Need Categories so you know you have complete content coverage Kaplan's acclaimed Decision Tree and expert strategies help you master critical reasoning Used by thousands of students each year to succeed on the NCLEX RN Expert Guidance Kaplan's expert nursing faculty reviews and updates content annually We invented test prep Kaplan www kaptest com has been helping students for 80 years and our proven strategies have helped legions of students achieve their dreams

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