

# MANUAL PALLET JACKS

# MANUAL PALLET JACKS

are a tool used in material handling. They are operated by a user standing behind and pushing. Unsafe handling can lead to injury to the operator or pedestrians in the area. Safe maneuvering relies on the operator's handling and ability to identify potential hazards in the workplace before and during use. Unlike powered pallet jacks and forklifts, formal classroom training is not required to operate a manual pallet jack. Be aware of potential hazards and follow safe use best practices to lower the risk of an incident or injury.

# **EXAMPLE POTENTIAL HAZARDS:**

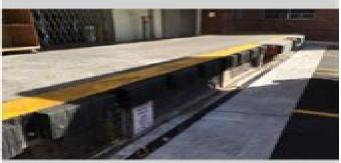
- Obstructed or narrow pathways
- Pinch points for hands
- Running over feet
- Collisions with pedestrians or objects
- Improper lifting when loading/unloading
- Losing control of the load
- Overloading the rating

#### WHAT TO DO!

- Conduct a pre-use inspection of the jack.
- Plan your route to verify there is room to maneuver.
- Be aware the load rating and stay below it.
- Use proper lifting techniques to load and unload.
- Center the load to prevent tipping, secure as needed. If control is lost, don't try to catch it.
- Move slowly and pay attention to surroundings.
- Push instead of pull whenever possible.
- Position yourself higher on an incline to remain out of the way if control of the jack is lost.
- Keep a safe distances from all dock edges.
- Park out of pathways to prevent a trip hazard.
- Bring questions to your supervisor and additional questions or concerns to EHS.
- In an emergency, call grand UOPD (541-346-2919) for immediate assistance!



Avoid pulling the load when possible!



Pay attention to surroundings and keep a safe distance from dock edges!



Park out of the pathway!



Safety and Risk Services 1260 University of Oregon Eugene, OR 97403 safety.uoregon.edu/safetysheets Environmental Health and Safety Occupational Safety and ehsinfo@uoregon.edu 541-346-3192

Health Manager - Haily Griffith hailyg@uoregon.edu

\*Does not act in place of official training. Contact EHS.

Updated: 01/20

# Jsa Use Of Manual Pallet Jack

Judd E. Hollander

Jsa Use Of Manual Pallet Jack:

Jsa Use Of Manual Pallet Jack: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the fascinating narratives that have captivated audiences this year. The Must-Read: Colleen Hoovers "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Jsa Use Of Manual Pallet Jack: Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and gripping novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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# **Jsa Use Of Manual Pallet Jack Introduction**

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