The Matrix Model of Treatment

Joan E. Zweben, PhD

April 23, 2004



Matrix Model Sa Treatment Manual

JR Anderson

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Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery Gary L. Fisher, Nancy A. Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction models of addiction sociocultural perspectives on drug use family and community factors prevention theories and techniques professional issues the criminal justice system and substance abuse assessment and diagnosis and more Counselor\s Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders U.S. Department of Health and Human Services, 2019-03-17 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000 Study Guide to Substance Abuse Treatment Philip R. Muskin M.D., 2015-06-26 Study Guide to Substance Abuse Treatment is a question and answer companion that allows you to evaluate your mastery of the subject matter as you progress through The American Psychiatric Publishing Textbook of Substance Abuse Treatment Fifth Edition The Study Guide is made up of more than 375 guestions divided into 53 individual guizzes of 5 10 guestions each that correspond to the chapters in the Textbook Questions are followed by an Answer Guide that references relevant text including the page number in the Textbook to allow guick access to needed information Each answer is accompanied by a discussion that addresses the correct response and also when appropriate explains why other responses are not correct The Study Guide's companion The American Psychiatric Publishing Textbook of Substance Abuse Treatment Fifth Edition has been thoroughly updated to reflect new findings expanded treatment options and considerations and expanded in depth discussion of special topics enhancing the text's utility while maintaining its reputation as the foremost reference and clinical guide on the subject Study Guide to Substance Abuse Treatment Robert E. Hales, James A. Bourgeois, M.D., Narriman C. Shahrokh, 2008 Study Guide to Substance Abuse Treatment is a question and answer companion that allows you to evaluate your mastery of the subject matter as you progress through The American Psychiatric Publishing Textbook of Substance Abuse Treatment Fourth Edition The Study Guide is made up of 292 questions divided into 49 individual guizzes of 4 9 questions each that correspond to chapters in the Textbook Questions are followed by an Answer Guide that references relevant text including the page number in the Textbook to allow quick access to needed information Each answer is accompanied by a discussion that not only addresses the correct response but also explains why other responses are not

correct The Study Guide's companion the fourth edition of The American Psychiatric Publishing Textbook of Substance Abuse Treatment has been fully updated to present the most current scientific and clinical information on a wide range of substance use disorders from tobacco and alcohol to methamphetamine and club drug abuse The text offers a comprehensive view of the basic science and psychology underlying addiction as well as extensive coverage of all treatment approaches and specialty topics Highlights of this new edition include chapters on the biology and clinical management for each of the drug categories new material on the role of buprenorphine in treating opioid addiction extensive coverage of cognitive behavioral therapy motivational enhancement and contingency management and new research on the role of 12 step programs in Therapist's Guide to Substance Abuse Intervention Sharon L. Johnson, 2003-04-28 Author of AP s bestselling Therapist's Guide to Clinical Intervention now turns her attention to substance abuse intervention The book will follow a similar format to her previous book presenting information in easy to read outline form with relevant forms patient questionnaires checklists business documents etc Part I discusses the social impact of substance abuse and provides a general overview of the physiological and psychological characteristics of abuse DSM IV definition of abuse and classifications of the varying types of drugs Part II is the main section of the book and covers assessment different stages of abuse recovery and treatment choices Coverage includes the discussion of myriad self help choices e g AA group therapy brief therapy and more Discussion will also include making a determination of treatment as inpatient or outpatient and issues relevant to special populations teenagers geriatrics comorbidity patients etc Part III presents skill building resources Part IV covers prevention quality assurance and also includes a glossary Outlines treatment goals and objectives Outlines for assessing special circumstances Offers skill building resources to supplement treatment A Guide to Treatments That Work Peter E. Nathan, Jack M. Gorman, 2015-06-26 Like its predecessors this fourth edition of A Guide to Treatments That Work offers detailed chapters that review the latest research on pharmacological and psychosocial treatments that work for the full range of psychiatric and psychological disorders written in most instances by clinical psychologists and psychiatrists who have been major contributors to that literature Similarly the standards by which the authors were asked to evaluate the methodological rigor of the research on treatments have also remained the same Each chapter in A Guide to Treatments That Work follows the same general outline a review of diagnostic cues to the disorder a discussion of changes in the nomenclatures from DSM IV to DSM 5 and then a systematic review of research most of which has been reported within the last few years that represents the evidence base for the treatments reviewed In all 26 of the volume s 28 chapters review the evidence base for 17 major syndromes Featuring this coverage is a Summary of Treatments that Work an extended matrix offering a ready reference by syndrome of the conclusions reached by the chapter authors on treatments that work reviewed in their chapters New to this edition are two chapters at the beginning of the book Chapter 1 details two perplexing issues raised by critics of DSM 5 the unrealized potential of neuroscience biomarkers to yield more accurate and reliable diagnoses

and the lingering problem of conflicts of interest in pharmaceutical research Chapter 2 contrasts Native American and western ways of identifying effective treatments for mental and physical disorders concluding that evidence informed culture based interventions sometimes constitute best practices in Native communities Two chapters detailing pharmacological treatments for pediatric bipolar disorder Chapter 9 and pediatric depressive disorder Chapter 12 have also been added More than three guarters of the chapters are written by colleagues who also contributed to most or all of the previous editions Hence this new edition provides up to date information on the quality of research on treatment efficacy and effectiveness provided by individuals who know the research best Handbook of Addictive Disorders Robert Holman Coombs, 2004-04-28 The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders This book brings together an array of international experts onaddictive disorders Robert Coombs s Handbook of AddictiveDisorders discusses the contemporary issues surrounding theunderstanding of addiction from diagnosis to treatment of anaddicted client The Handbook of Addictive Disorders is an example of practical and clinical information at its best Lorraine D Grymala Executive Director American Academy of HealthCare Providers in the Addictive Disorders The Handbook of Addictive Disorders A Practical Guide to Diagnosis and Treatment is a comprehensive state of the artresource featuring valuable contributions from a multidisciplinaryteam of leading experts This unique guide deftly defines addictionand examines its comorbidity with other problems Subsequentchapters present an overview of addictive disorders coupled withstrategies for accurately diagnosing them planning effective treatment and selecting appropriate interventions Chapters onpublic policy and prevention are of indispensable value in light of this growing health concern The only reference available to cover the full spectrum of addictions and addictive behaviors the Handbook of Addictive Disorders provides the most current research and treatmentstrategies for overcoming Chemical dependency Workaholism Compulsive gambling Eating disorders Sex addiction Compulsive buying This useful guide features case studies figures and diagrams lists of practical interventions for each disorder andself assessment exercises for clients Psychologists addiction counselors social workers and othersworking in the addictions field will find the Handbook of Addictive Disorders to be an essential resource for practical validated information on all types of addictions and their related problems **Handbook of Evidence-Based** Substance Abuse Treatment in Criminal Justice Settings Carl Leukefeld, Thomas P. Gullotta, John Gregrich, 2011-08-28 Get high Become addicted Commit crimes Get arrested and be sent to jail Get released Repeat It's a cycle often destined to persist in large part because the critical step that is often missing in the process which is treatment geared toward ensuring that addicts are able to reenter society without the constant threat of imminent relapse The Handbook of Evidence Based Substance Abuse Treatment in Criminal Justice Setting probes the efficacy of corrections based drug interventions particularly behavioral treatment With straightforward interpretation of data that reveals what works what doesn t and what needs further study this volume navigates readers through the criminal justice system the history of drug treatment for

offenders and the practical problems of program design and implementation Probation and parole issues as well as concerns specific to special populations such as women juvenile offenders and inmates living with HIV AIDS are also examined in detail The Handbook's wide ranging coverage includes Biology and genetics of the addicted brain Case management for substance abusing offenders Integrated treatment for drug abuse and mental illness Evidence based responses to impaired driving Monitoring technology and alternatives to incarceration The use of pharmacotherapy in rehabilitation This must have reference work is a comprehensive and timely resource for clinicians researchers and graduate students across a variety of disciplines including clinical psychology criminology and criminal justice counseling and educational policy makers Group Therapy of Substance Abuse David W. Brook, Henry I. Spitz, 2002-09-23 Gain a practical perspective on group therapy as a treatment for addiction As more and more researchers and clinicians recognize group therapy as the primary psychosocial intervention in the treatment of substance abusers there is a growing need for a comprehensive resource that places the wide range of theories and ideas about the treatment into practical perspective The Group Therapy of Substance Abuse is the first book to bridge the gap between substance abuse treatment and group psychotherapy by presenting expert analyses that address all major schools of thought The book includes clinical examples and specific recommendations for treatment techniques reflecting a variety of viewpoints from the leading clinicians scholars and teachers in the field Because of its therapeutic efficacy and cost effectiveness group therapy has come to play an increasingly important role as the psychosocial therapy of choice for an ever increasing numbers of patients with substance abuse disorders For ease of use The Group Therapy of Substance Abuse is divided into several sections including a discussion of the basic theoretical approaches on which most group treatments of substance abusers are based the uses of group treatment approaches in specific treatment settings and the uses of group treatment with specific patient populations The Group Therapy of Substance Abuse also includes diverse perspectives on interpersonal and psychodynamic approaches to therapy cognitive behavioral methods outpatient inpatient and partial hospitalization groups network therapy and 12 step groups treatment of gay lesbian bisexual adolescent and elderly abusers therapeutic community groups Essential for professionals who treat substance abusers The Group Therapy of Substance Abuse is also an excellent textbook for scholars and students in the mental health field The book adds depth to the practicing and soon to be practicing clinician s understanding of how best to **Substance Use Disorders** Antoine Douaihy, Dennis Daley, 2013-10-08 address the complex problem of addiction Substance use disorders SUDs are common among many patients with medical and psychiatric disorders Professionals from all medical and behavioral health disciplines must address SUDs to provide optimal care to patients Failure to do so may contribute to morbidity and mortality in cases of more severe substance dependence This new volume in the Pittsburgh Pocket Psychiatry series provides a comprehensive overview of substance use disorders for medical students and psychiatric residents It is aimed particularly at increasing student s knowledge and skills in addressing SUDs The handy pocket sized

book focuses on those substances used abused and leading to addiction and the clinical implications of SUDs Epidemiology etiology classifications of SUDs screening and assessment and pharmacotherapy and psychosocial interventions are discussed alongside case histories illustrating the material covered Questions for the reader stimulate thinking about specific cases and how the medical student or resident can help patients with SUDs Additional chapters focus on problems caused or worsened by SUDs such as Hepatitis C HIV AIDS and co occurring psychiatric disorders Relapse and recovery are also explored given many patients with substance dependence relapse Adolescents with SUDs prevention and harm reduction interventions are also reviewed The concept of rom SUDs is incorporated in many of the chapters Medical psychological family and cultural aspects of addiction and recovery are addressed providing the reader with a broad framework for understanding and helping patients with SUDs as well as their families An extensive list of online resources is provided that includes mutual support programs as well as professionals and organizations who offer helpful materials and programs for patients with SUDs Contributing authors represent medicine psychiatry social work psychology in diverse treatment settings Many authors are also researchers and all are educators involved in mentoring medical students residents fellows and other health care professionals

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