

PRIVATE PHYSICIAN SPORTS PHYSICAL EXAMINATION
(New York State Law does not permit us to accept any other forms.)

Students must submit this form to the school nurse 2 weeks before the start of practice to insure they will be cleared to play in time.

NAME _____ DOB _____ SCHOOL _____

DATE OF EXAM _____ DATE TO NURSE _____ SPORT _____

Height _____ Weight _____ BMI _____ Weight Category _____ BP _____/_____/_____ Pulse _____

Vision R-20/ _____ L-20/ _____ Corrected _____ Uncorrected _____ Pupils _____

	Normal	Abnormal				
Cardiopulmonary						
Pulse						
Heart						
Tanner Stage	1	2	3	4	5	
Skin						
Abdominal						
Genitalia						
Musculoskeletal						
Neck						
Shoulder						
Elbow						
Wrist						
Hand						
Back						
Knee						
Ankle						
Foot						
Other						

Asthma or Reactive Airway Disease? Yes ___ No ___ If yes: Inhaler needed? Yes ___ No ___

Before exercise/ practice/ games? (circle) *Self administered? Yes ___ No ___

*Attach a completed Administration of Medication Form if student is to carry an inhaler or an Epi-pen during practice and games.

Clearance to participate: **PLEASE CIRCLE ONE**

A. Cleared for all sports

B. Cleared after completing evaluation/ rehabilitation for: _____

C. Not cleared for: _____ Contact/Collision
 _____ Limited Contact/Impact
 _____ Non-Contact _____ Strenuous _____ Non-Strenuous

Due To: _____

Recommendation: _____

Generic Sports Physical Examination Form

Mike Jess

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the name bar.

Generic Sports Physical Examination Form:

Evidence-Based Physical Examination Kate Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2024-03-26 The assessment text of today and the future This unique text is the first to combine scientific and holistic approaches to health assessment while being the first book to also take the health and well being of the clinician into account This valuable resource utilizes the best evidence and clinical relevance underpinning advanced history taking and assessment techniques incorporating the most current guidelines from reliable sources such as the U S Preventative Services Task Force the Choosing Wisely initiative and the NAM s Core Competencies for Health Care Clinicians The updated second edition offers more in depth recognition of population health concepts and as a result includes greater use of inclusive language social determinants of health assessments identification of health inequities and racial ethnic gender and age considerations within advanced assessment This edition delivers increased coverage of documentation abundant new content addressing therapeutic communication and changing practice environments and unique chapters focused on the assessment of a growing cohort of older patients the LGBTQ population telehealth abuse and clinician wellness Chapters have a consistent structure and include anatomy and physiology key history questions and considerations physical exam lab and imaging considerations evidence based practice recommendations and differential diagnoses for both normal and abnormal findings Case studies clinical pearls and key takeaways aid retention while abundant illustrations photographic images and videos demonstrate history taking and assessment techniques Instructor resources include PowerPoint slides a test bank with multiple choice and essay questions additional case studies with short answer questions an image bank and a course cartridge New to the Second Edition Prioritization of the importance of clinician well being as a prerequisite for implementing evidence based assessment Inclusion of an environmental assessment for clinician safety All chapters where applicable include COVID 19 implications and considerations Two brandnew chapters Chapter 6 Evidence Based Assessment of the Older Adult and Chapter 10 Evidence Based Assessment of the Vascular System Inclusion of Pre Admission Testing and Pre employment physical assessments to Chapter 28 Evidence Based Assessments for Medical Clearance Additional content addressing considerations when assessing patients with obesity Inclusion of a checklist denoting best practice guidelines for telehealth visits Key Features Focused on evidence and practical application of assessment skills to ensure the highest quality of care Emphasizes health and well being for both the clinician and patient Delivers the evidence acceptability and clinical relevance behind history taking and assessment techniques Focuses on the most current clinical guidelines from the U S Preventive Services Task Force the Choosing Wisely initiative and highly recognized clinical practice organizations Aids retention through case studies clinical pearls and key takeaways Demonstrates techniques with abundant illustrations photographic images and videos Includes abundant instructor resources Primary Care Tools for Clinicians Lorraine Loretz, 2005-01-01 Designed to save time and assist busy practitioners this book guides standardized assessment and documentation of a patient

s condition by providing ready to use forms that represent the gold standard of current practice *ACSM's Sports Medicine*
Francis G. O'Connor, 2012-09-10 The field of sports medicine is evolving accelerated by emerging technologies and changing health care policies To stay up to speed and ace the Boards you need a resource that moves at your pace Sanctioned by the American College of Sports Medicine ACSM this handy review addresses all areas of the sports medicine subspecialty board examination with coverage that spans the full spectrum of sports medicine from medical to skeletal conditions related to the athlete The editors and authors include orthopedic surgeons family physicians pediatricians internal medicine specialists physiatrists certified athletic trainers physical therapists psychologists nutritionists exercise physiologists and more ensuring that you ll benefit from the broad spectrum of expertise embraced by the specialty Look inside and explore Seven convenient sections address general considerations evaluation of the injured athlete medical problems musculoskeletal problems principles of rehabilitation sports specific populations and special populations Comprehensive coverage includes all topic areas featured on sports medicine subspecialty board exams Easy access bulleted format makes essential facts simple to locate and recall Tables figures and algorithms make complex ideas easy to grasp and retain PLUS An online companion resource includes nearly 1 000 board style practice questions with rationale for correct and incorrect responses a great way to test your knowledge and improve your exam performance *Noyes' Knee Disorders: Surgery, Rehabilitation, Clinical Outcomes E-Book* Frank R. Noyes, 2016-02-02 Frank R Noyes MD internationally renowned knee surgeon and orthopaedic sports medicine specialist presents this unparalleled resource on the diagnosis management and outcomes analysis for the full range of complex knee disorders Relies on Dr Noyes meticulous clinical studies and outcomes data from peer reviewed publications as a scientifically valid foundation for patient care Features detailed post operative rehabilitation programs and protocols so that you can apply proven techniques and ease your patients progression from one phase to the next Presents step by step descriptions on soft tissue knee repair and reconstruction for anterior cruciate ligament reconstruction meniscus repair soft tissue transplants osseous malalignments articular cartilage restoration posterior cruciate ligament reconstruction and more to provide you with guidance for the management of any patient Contains today s most comprehensive and advanced coverage of ACL PCL posterolateral unicompartamental knee replacement return to sports after injury along with 1500 new study references supporting treatment recommendations Features all new content on unicompartamental and patellofemoral knee replacement updated operative procedures for posterior cruciate ligament and posterolateral ligament deficiency updated postoperative rehabilitation protocols and new information on cartilage restoration procedures and meniscus transplantation Includes some of the most comprehensive and advanced discussions on arthrofibrosis complex regional pain syndrome tibial and femoral osteotomies and posterolateral reconstructions available in modern published literature Covers gender disparities in ligament injuries for more effective analysis and management Includes access to 46 outstanding videos encompassing nearly 11 hours of surgery live patient rounds and live presentations

Expert Consult eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures images and references from the book on a variety of devices **Netter's Sports Medicine, E-Book** Christopher Madden, Margot Putukian, Eric McCarty, Craig Young, 2021-12-24 With comprehensive highly visual coverage designed for sports clinicians team physicians sports medicine fellows primary care physicians and other health care professionals who provide care to athletes and active individuals Netter's Sports Medicine 3rd Edition is an ideal resource for everyday use Editors include three past presidents of the American Medical Society for Sports Medicine it includes contributions from world renowned experts as well as a rich illustration program with many classic paintings by Frank H Netter MD From Little League to professional sports weekend warriors to Olympic champions and backcountry mountainside to the Super Bowl field this interdisciplinary reference is indispensable in the busy outpatient office in the training room on the sidelines and in preparation for sports medicine board certification More than 1 000 superb Netter graphics tables figures pictures diagnostic images and other medical artwork highlight easy to read bulleted text New coverage of esports as well as other key topics such as travel considerations for the athlete EKG interpretation cardiac disease diagnostic imaging and ultrasound injury prevention protocols and mixed martial arts Up to date information on nutritional supplements eating disorders sports and pharmacology for chronic conditions and behavioral medicine and extreme and adventure sports Designed for quick reference with a logical organization by both topic and sport Online features include downloadable patient education handouts and handy links Sports Medicine Anthony A. Schepesis, Brian D. Busconi, 2006 Written by surgeons who are noted teachers this volume of our Orthopaedic Surgery Essentials Series presents all the information residents need during sports medicine rotations It can easily be read cover to cover during a rotation or used for quick reference before a patient workup or operation The user friendly visually stimulating format features ample illustrations algorithms bulleted lists charts and tables The book begins with physical examination non surgical topics and principles of arthroscopic surgery and proceeds to specific sports injuries at each anatomic site Coverage of each injury includes surgical anatomy diagnosis imaging indications for surgery techniques and complications **General Extension Division Record** , 1919

Nonsurgical Sports Medicine N. Nichole Barry, Michael F. Dillingham, James L. McGuire, 2003-04-30 With a growing number of people young and old engaged in a variety of physical activities the field of sports medicine has gained greater importance for medical professionals Nonsurgical Sports Medicine provides a comprehensive guide for the physician whose practice includes preparing patients to take part in sports as well as diagnosing and treating any resulting injuries Nonsurgical Sports Medicine begins with an overview of the principles of the preparticipation medical evaluation and outlines how preexisting medical conditions may be optimally managed in the athlete Individual chapters cover the evaluation and treatment of head and spine injuries injuries to the upper and lower extremities and overuse syndromes The book also addresses such important issues as infectious diseases ergogenic agents the needs of older and young athletes

women in sports and the effect of environmental conditions on athletes Along with detailed discussions of the anatomy and physiology of the musculoskeletal system the authors describe specific maneuvers during the physical examination which are important for evaluation and diagnosis Nonsurgical Sports Medicine provides a broad range of information that complements a physician's general knowledge and that will be invaluable in assessing patients with sports related injuries

Sports Law in Finland Antti Aine, 2023-11-25 Derived from the renowned multi volume International Encyclopaedia of Laws this practical analysis of sports law in Finland deals with the regulation of sports activity by both public authorities and private sports organizations The growing internationalization of sports inevitably increases the weight of global regulation yet each country maintains its own distinct regime of sports law and its own national and local sports organizations Sports law at a national or organizational level thus gains a growing relevance in comparative law The book describes and discusses both state created rules and autonomous self regulation regarding the variety of economic social commercial cultural and political aspects of sports activities Self regulation manifests itself in the form of by laws and encompasses organizational provisions disciplinary rules and rules of play However the trend towards more professionalism in sports and the growing economic social and cultural relevance of sports have prompted an increasing reliance on legal rules adopted by public authorities This form of regulation appears in a variety of legal areas including criminal law labour law commercial law tax law competition law and tort law and may vary following a particular type or sector of sport It is in this dual and overlapping context that such much publicized aspects as doping sponsoring and media and responsibility for injuries are legally measured This monograph fills a gap in the legal literature by giving academics practitioners sports organizations and policy makers access to sports law at this specific level Lawyers representing parties with interests in Finland will welcome this very useful guide and academics and researchers will appreciate its value in the study of comparative sports law

Evidence-Based Sports Medicine Domhnall MacAuley, Thomas Best, 2008-04-15 This second edition of the popular book Evidence based Sports Medicine builds on the features that made the first edition such a valuable text and provides a completely up to date tool for sports medicine physicians family practitioners and orthopedic surgeons Updated to take into account new evidence from systematic reviews and controlled trials Evidence based Sports Medicine is a unique reference book on the optimum management of sports related conditions This second edition contains sections on acute injury chronic conditions and injuries to the upper limb groin and knee and to the lower leg pays increased attention to the important and emerging area of injury prevention features thoroughly revised methodology sections within each chapter reflecting changes in technique and application MCQs and essay questions that allow readers to continually assess their knowledge and understanding of the topics covered

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