



Junk food,  
Sweets, Sugar drink

Milk, Cheese, Eggs



Meat, Poultry, Fish

Vegetables



Fruits



Bread, Pasta

# FOOD PYRAMID

# Food Guide Pyramid And Essential Nutrients

**LL Leslie**

A decorative red circular graphic with a gradient, partially obscured by the light blue bar, located on the right side of the slide.

## **Food Guide Pyramid And Essential Nutrients:**

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