

Common App Essay Prompts 2023-2024

Question

Focus

Type of Response Expected

Common Pitfalls

1

Share a significant aspect of your identity

A personal narrative that showcases a unique aspect of the applicant's values, experiences, and personality

Avoid clichés and superficial descriptions. Be introspective and reflective. Keep the focus on how the experience shaped who you are.

2

Describe a challenge & how you overcame it

An essay that shows how the applicant handled adversity and grew from the experience

Avoid presenting yourself as a victim or blaming others for your setbacks. Focus on your growth and development.

3

Discuss a time you challenged an idea or belief

An essay that demonstrates critical thinking and intellectual curiosity

Avoid controversial or offensive topics that could alienate your reader. Be respectful and open-minded.

4

Reflect on a moment of gratitude

A personal narrative that shows how someone else's actions impacted the applicant

Avoid being too general or clichéd. Be specific and thoughtful.

5

Describe a personal growth experience

An essay that showcases how the applicant learned about themselves or others

Avoid bragging or presenting yourself as perfect. Be honest about your flaws and challenges.

6

Discuss an intellectual passion

An essay that reveals the applicant's interests and curiosity

Avoid being too obscure or abstract. Make sure your passion is something you can explain in detail.

7

Share an essay on any topic

An opportunity for the applicant to showcase their writing and creativity

Avoid clichés or writing on a topic that does not showcase your unique voice and perspective. Be thoughtful and original.

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