

## **Introduction**

Psychiatric Nursing or Mental health nursing is the speciality of that cares for the people of all ages with mental illness or mental distress. Psychiatric Mental health nursing works within nursing models utilizing care plans and seeks to care for the whole person.

Mental health nurses are dealing with the most vulnerable people in society – people who are living chaotic lifestyles, people who are contemplating suicide. More performance measures are required in mental health nursing to provide a more structured view of what mental health nurse are doing.

According to a study, Psychiatric Nursing is the least preferred speciality because of association with pejorative attitudes towards mental health. There is a minimum nurse-patient ratio for care hospitals of mentally ill patients. Hospitals care may be compromised by forces that have increased mentally ill patient acuity and reduced ratio of psychiatric nurses, thus lowered the care and management of nurses to mentally ill patients. According to a journal, turnover of highly skilled nurses is a problem for many psychiatric hospitals. Nurses are the frontline professional staff for psychiatric patient; without them, the provision of highly quality care is difficult. Several factors related to nurses who won't prefer the Psychiatric Nursing field includes the nurses perception of the risk of assault by patients. Assault has been a concern for the staff in psychiatric hospitals. Other factors that influence the recruitment and retention of nurses in mental health services, these include the choice of work location, work routine, off duty/staff allocation arrangements, teamwork and environment.

The researchers have observed that Psychiatric Nursing is one of the least preferred fields of speciality. We want to conduct this study because we want to identify the effects of disproportionate nurse-patient ratio, because in the care and management of psychiatric patients we focus more in the therapeutic use of self rather than pharmacological management. The researchers also wanted to conduct this study because they can easily relate it to their concept this semester, which is the care and management of Psychiatric patients.

# Mental Health Research Paper

**National Library of Medicine (U.S.)**



## **Mental Health Research Paper:**

**Handbook of Service User Involvement in Mental Health Research** Jan Wallcraft, Beate Schrank, Michaela Amering, 2009-06-22 Handbook of Service User Involvement in Mental Health Research In recent years the need for patient and public involvement in medical research has been accepted around the world Patient groups are gaining power and demanding their right to influence the direction of research while funding bodies are increasingly regarding patient involvement as a requirement for grant applications However current knowledge on how to involve service users in mental health research is sparse and dispersed This book provides clear guidance on best practice in this area with practical advice based on experience in countries around the world Handbook of Service User Involvement in Mental Health Research describes the background and principles underlying the concept of service user involvement in mental health research it provides relevant practical advice on how to engage with service users and how to build and maintain research collaboration on a professional level The book highlights common practical problems in service user involvement suggesting ways to avoid pitfalls and common difficulties Combines the theoretical aspects of service user involvement in research with specific examples as well as with general practical guidelines Represents the views of service users in a powerful combination with the views of other mental health professionals Considers the different perspectives and needs of the stakeholders concerned Includes a step by step guide on best practice in successful service user involvement Handbook of Service User Involvement in Mental Health Research is written for psychiatrists and other medical professionals managing people with psychiatric disorders as well as for researchers in the mental health field who want to develop projects with service user involvement It is vital reading for funding bodies requesting service user involvement and importantly is written for those service users who are interested in becoming involved in research

**Changing Trends in Mental Health Care and Research in Ghana** Ofori-Atta, Angela, Ohene, Sammy, 2015-04-26 This Reader is about the changing trends in mental health care and research in Ghana The book includes a brief history of Department of Psychiatry at the University of Ghana Medical School and Mental Health Care in Ghana through the eyes of professionals who have lived this history There is also a revised situation analysis of mental health services and legislation from 2005 These are followed by three main sections on Conceptualization of Mental Illness depression religion and illness autism substance use disorders and schizophrenia Mental Health Practice in a teaching hospital setting referrals to Korle Bu how psychiatric illnesses manifest how people's lives are affected and what skill sets and resources are available for dealing with them and finally the Department's focus on research includes the Mental Health Information System Sickle Cell Disease Medical Ethics and Liaison Psychiatry In the concluding paragraph read about the way forward in mental health care and research

**Mental Health and Work: United Kingdom** OECD, 2014-02-10 This report on the United Kingdom looks at how the broader education health social and labour market policy challenges are being tackled

*Mental Health, United States*, 1998

**Mental Health, United States, 1998** Ronald W.

Manderscheid, Marilyn J. Henderson, 1999-07 Covers the emergence of managed behavioral health care assess of outcomes and assess of performance key factors in managed care including risk adjust workforce competencies and rural serv population based analyses for populations who are seriously mentally ill and severely emotionally disturbed and for costs incurred through Medicare Medicaid and private sector insur plans National stat on mental health org s mental health serv in jails the role of neighborhood factors in relation to prevalence of depressive disorders and the dist of mental health providers and the character of the current mental health work force     Social Work in Mental Health Bruce A. Thyer, John S. Wodarski, 2007-06-30 An essential desk reference for all helping professionals Social Work in Mental Health An Evidence Based Approach is a comprehensive and contemporary guide to the delivery of evidence based care Covering a wide spectrum of mental health disorders editors Thyer and Wodarski have brought together noted experts to provide the most current empirically supported techniques in the assessment diagnosis and treatment of disorders as classified by the DSM IV TR Coverage ranges from disorders seen in early infancy and childhood through the adolescent and adult years Disorders covered include Autism ADHD Substance abuse Schizophrenia Mood disorders Anxiety disorders Eating disorders Sexual disorders Personality disorders Mental Retardation Written and organized in an accessible style Social Work in Mental Health An Evidence Based Approach provides helping professionals with an engaging and easy to follow guide to learning how to deliver the most up to date mental health care Examples of evidence based interventions guide the reader through the process and provide insight into the philosophy as well as the scientific basis underlying each technique and intervention presented Chapters begin with learning objectives that alert you to the main ideas covered and conclude with provocative study questions that are designed to test your understanding while providing an opportunity for review and reinforcement of the key concepts covered Ideal for all helping professionals from those just starting out to the most seasoned clinician this guide is a vital reference for anyone looking to stay abreast of contemporary techniques in the delivery of mental health services     *Work, Health and Wellbeing* Sarah Vickerstaff, Chris Phillipson, Ross Wilkie, 2012 The relationship between health and work is widely recognised as complex and multifaceted In the context of an ageing population our ability to enable people with health issues to continue working is becoming more critical This multi disciplinary volume brings together original research from diverse disciplinary backgrounds investigating how we can define and operationalise a bio psychosocial model of ill health to improve work participation in middle and later life     *Mental Health Research Institute Staff Publications* University of Michigan. Mental Health Research Institute, 1959     *Highlights of Progress in Mental Health Research* , 1959     **Issues in Mental Health Research and Practice: 2013 Edition** , 2013-05-01 Issues in Mental Health Research and Practice 2013 Edition is a ScholarlyEditions book that delivers timely authoritative and comprehensive information about Schizophrenia and Related Psychoses The editors have built Issues in Mental Health Research and Practice 2013 Edition on the vast information databases of ScholarlyNews You can expect the information about

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