

Health and Human Development Unit 3 AOS 2 notes

KS: analyse data that show improvements in health over time and draw conclusions about reasons for improvements, analyse the strengths and limitations of biomedical and social models of health in bringing about improvements in health status, apply the action areas of the Ottawa Charter for Health Promotion to a range of data and case studies, **KK:** improvements in Australia's health status since 1900 and reasons for these improvements, focusing on policy and practice relating to:

What is public health - The organised response by society to protect and promote health, and to prevent illness, disease or disability.

— **'old' public health**

- Refers to approaches to health care that predate the 1970's. During this time, much energy was devoted to sanitary reform and infectious disease control, as well as medical and pharmaceutical interventions. For example: antibiotic development and vaccinations.
- Related to government actions that focused on changing the physical environment to prevent spread of disease.
- **Colonial era (British colonisation up to 1890's)** - During this time, the focus was on controlling infectious disease and sanitary measures. The Public Health Acts were introduced including sanitary reforms.
- **Nation building era (1890 - 1940)** - The focus was on improving the health of the nation by aiming to 'improve the race'. The Commonwealth Department of Health was formed and programs such as the medical inspection of children, provision of hygiene advice and exercise programs to improve national health were implemented.
- **Affluence, medicine and infrastructure era (1950's to 1970's)** - Strong reliance on the biomedical model. This was due partly to it being a period of economic affluence, but there were also significant developments in the medical industry at this time. Public belief that medicine would overcome disease. Growth in health services such as hospitals and the introduction of new and technologically advanced treatments such as organ transplants.

— **the biomedical approach to health and improvements in medical technology**

- Focuses on the physical or biological aspects of disease and illness. It is a medical model of care practised by doctors and health professionals, and is associated with the diagnosis, cure and treatment of diseases.

Strengths

- **Increases the life expectancy** of populations as treatments advance
- **Effective at treating common problems** and returning people to a healthy state
- Can lead to **advances in medical technology**
- Can improve the **quality of life** of people with chronic conditions through the use of medications etc

Weaknesses

- It can be **expensive** e.g. technology and research
- It **does not promote equity**
- It **does not encourage or promote good health**
- It treats the body and illness in **isolation to the environment**
- There is **not a cure or treatment for every illness or disease**

Medical technology improvements (to diagnose)

- **MRI scanning** - A medical imaging procedure that uses a magnetic field and radio waves to take images inside the body. This allows for earlier or more accurate diagnosis of illness or injury resulting in reduced morbidity and mortality rates.
- **CT scanning** - Makes use of computer generate combinations of several x-ray images taken from different angles to produce cross sectional images. This provides very detailed

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