

Exam 4 Mental Health Study Guide

Heavy on eating disorders!!!

Chapter 11 – Childhood and Neurodevelopment Disorders

- General interventions with children
 - Least restrictive interventions FIRST – apply with all patients but especially with children.
 - #1 **Play therapy**: processing trauma or negative emotions/events through this.
 - This is how children process adverse events.
 - **Behavioral management strategies**:
 - Used if patient is having any disruptive behaviors in the milieu.
 - **Family therapy**:
 - Very important with children.
 - When caring for a child, we aren't just caring for that child, we care about the whole family dynamics and interactions.
 - **Early intervention programs**:
 - Designed to identify any type of neurodevelopmental disorder as early as possible (ideally in the first 3 years of life).
 - Programs are highly correlated with better patient outcomes.
 - Last resort – **Seclusion and restraints**.
- **Autism Spectrum Disorder (ASD)**:
 - Clinical Picture:
 - Impairment in **social** and **language** ability
 - Appears within the first **3 years** of life.
 - Difficulty with **interpersonal (peer) relationships** and **bonding** d/t having a hard time making a connection with other people.
 - **Repetitive speech**.
 - **Obsessive focus** on certain objects
 - **Over adherence to routines or rituals** – if this is disrupted, it can cause emotional distress.
 - **Hyperreactivity** or **hypo-reactivity** to sensory input
 - Resistance to **change**.
 - Treatment
 - **Autism-associated agitation**: 2nd gen antipsychotics (**risperidone/Risperdal** or **aripiprazole/Abilify**). Temper tantrums, aggression, compulsive behavior. S.E: NMS, EPS, TD, weight gain, OHOTN, Teach: slow to move, call HCP: uncontrolled mm movement.
 - **Off label**: SSRIs improve mood, reduce anxiety giving tolerance for new situations and social interactions.

SSRI: Serotonin reuptake inhibitors

Fluoxetine:	
	▪ Prozac ▪ Sarafem
Sertraline:	
	▪ Zoloft
Paroxetine:	
	▪ Paxil ▪ Pexeva ▪ Brisdelle
Fluvoxamine:	
	▪ Luvox ▪ Faverin
Escitalopram:	
	▪ Lexapro

• **SE**: Headache, insomnia, drowsiness, suicidal ideations.

Teach: Report suicidal ideations immediately. No alcohol, do not abruptly stop. Do not

Health Study Guide Answers For High School

AW Chickering



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Health Study Guide Answers For High School: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have charmed audiences this year. Health Study Guide Answers For High School : Colleen Hoovers "It Ends with Us" This heartfelt tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Health Study Guide Answers For High School : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and suspenseful novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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