

Identical To: Baseline

Power adjust: 0.00%

Weight penalty: 0 kg

## FRONT:

AEB blades: 1 1  
 Toe-in: 1 -0.117 in  
 Front master cyl: 1 0.701 in  
 Rear master cyl: 1 0.701 in  
 Brake pads: 1 Medium friction  
 Left night LED strip: 1 Red  
 Right night LED strip: 1 Red

## IN-CAR DIALS:

Brake pressure bias: 1 53.0%  
 ABS settings: 1 8 (ABS)  
 Traction control settings: 1 6 (TC1+TC2)  
 Engine map settings: 1 1 (MIX)  
 Throttle shape settings: 1 1 (MAP)  
 Display page: 1 Race  
 Cross weight: 10.0%

## LEFT FRONT:

Corner weight: 718 lbs  
 Ride height: 2.011 in  
 Spring perch offset: 1 1.831"  
 Spring rate: 1 1543 lbs/in  
 LS comp damping: 1 3 clicks  
 HS comp damping: 1 3 clicks  
 LS rhd damping: 1 3 clicks  
 HS rhd damping: 1 3 clicks  
 Camber: 1 -4.0 deg  
 Caster: 1 +10.1 deg

## RIGHT FRONT:

Corner weight: 718 lbs  
 Ride height: 2.011 in  
 Spring perch offset: 1 1.831"  
 Spring rate: 1 1543 lbs/in  
 LS comp damping: 1 3 clicks  
 HS comp damping: 1 3 clicks  
 LS rhd damping: 1 3 clicks  
 HS rhd damping: 1 3 clicks  
 Camber: 1 -4.0 deg  
 Caster: 1 +10.1 deg

## LEFT REAR:

Corner weight: 845 lbs  
 Ride height: 1.506 in  
 Spring perch offset: 1 1.043"  
 Spring rate: 1 1200 lbs/in

## RIGHT REAR:

Corner weight: 845 lbs  
 Ride height: 1.506 in  
 Spring perch offset: 1 1.043"  
 Spring rate: 1 1200 lbs/in

Racing  
SetupsShared  
Setups

My Setups

Save As

Share

Export

Delete

☐ Metric☒ Auto load setup

Cancel

Passed

Done

# Nascar Car Setup Guide

**Ross Bentley**



## Nascar Car Setup Guide:

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*The Girl's Guide to NASCAR* Liz Allison, 2025-05-01 NASCAR's foremost female authority provides the first guide for women to America's fastest growing spectator sport From shopping to scanners and pit stops to parties this fun and informative guide gives you everything you need to enjoy a race whether at the track or in your living room Insider Liz Allison will tell you all the ins and outs of NASCAR uncovering the hidden rules and official calls made on any given race day She answers nagging questions like why race cars don't have speedometers or doors that open what the real deal is on restrictor plates and how top drivers get to be where they are Liz also reveals driver superstitions how to survive a race weekend with kids the Gentlemen's Agreement how to tell if a driver is serious with his girlfriend tips on throwing the perfect NASCAR viewing party and much more With this race savvy guide you will quickly become a knowledgeable fan with an inside edge on the sport that most of your male counterparts will lack and have a few laughs along the way

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**The Nuts and Bolts of NASCAR** Greg Engle, 2017-06-06 When people think of NASCAR many think of cars racing around a track But those with a more intimate knowledge of the sport understand that there is much more to it The Nuts and Bolts of NASCAR uncovers everything you need to know to properly watch and enjoy the sport Author Greg Engle uncovers the history of the sport as well as an explanation of the rules flags and key terms He reveals the

best practices for watching it on TV how to experience a NASCAR race in person and much more Along the way he weaves in interviews with key figures from the NASCAR community to offer insiders perspectives on the ins and outs of NASCAR Some of the many questions that this book answers include What does NASCAR stand for How did it get to where it is today What goes on at a pit stop What is it like to race 400 or 500 miles in just a few hours What is a wedge What is the best way to meet a driver How do you best enjoy a race in person And all the other things a new fan needs to know to understand and enjoy America s fastest sport NASCAR

**The Un-Official NASCAR Fan Guide** Edward Marc Rose,2006-02 **The Girl's Guide to Winning a NASCAR(R) Driver** Liz Allison,2025-05-01 How do you marry a NASCAR driver In a professional sport where over half its athletes are single men no one but Liz Allison would let alone could dare to answer Tongue in cheek but cunningly insightful this satirical relationship guidebook with a NASCAR twist that will rev any female NASCAR fan s engine

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