Mental health HESI study guide-with 100% verified solutions-2023-2024

1- A male client who is seen in the mental health clinic monthly reports feeling very streesed, nervous, and describes become angry increasingly more often during the last month. What action should the nurse take first?

Ask the client to identify problems that have occurred during the last month Teach the client how to use relaxation exercises when feeling stressed Encourage the client to eat a healthy diet and sleep 8hr every night recommended using diversion activities when feelings of anger occur

2. A female client with obsessive compulsive personality disorder is admitted to the hospital to a cardiac catheterization. The afternoon before the procedure, the client begins to keep detailed notes of the nursing care she is receiving and reports her findings to nurse at bedtime. Which action should the nurse implement?

Encourage the client to express her feeling regarding the upcoming procedure. Ask the client to explain why she is keeping a detailed record of her nursing care teach the client strategies to control her obsessive compulsive disorder explain to the client that her behavior invades the rights of the nursing staf

3. the nurse is caring for a client who recently went through detoxification from opiod drugs. Which intervention is most important for the nurse to include in the client's plan of care?

Schedule role play opportunities to practice coping skills
Discuss alcohol addition as a potential comorbidity
Encourage meeting peers that have a similar lifestyle
Refer to a community based clinic for assistance

4. A male client come to the emergency center because he has an erection that will no resolve. The client reports that he is taking trazodone for insomnia. Which information is most for the nurse to ask this client?

Are you having any other sexual dysfunctions or problems Have you taken any medication for erectile dysfunction When was the last time you drink an alcohol beverage Do you have a history of angina or HBP?

5- An older homeless client visits the psy clinic to obtain a prescription renewal for alprazolam. During the health assessment, the client complains of chest pain. Which action should the nurse take first?

Assess the client for substance abuse

Mental Health Hesi Study Guide

F Rizvi

Mental Health Hesi Study Guide:

Decoding Mental Health Hesi Study Guide: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Mental Health Hesi Study Guide**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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