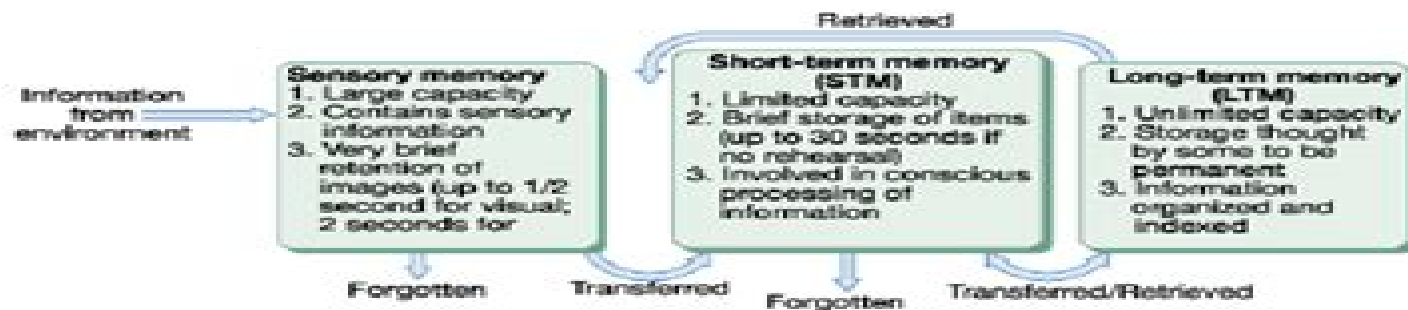


Unit 5 Study Guide

Memory

- **Memory:** learning that has persisted over time; information that has been stored & can be retrieved
- **Recall:** storing the information in memory and then retrieving it (ex. essay questions)
- **Recognition:** identifying a target from possible targets (ex. multiple choice tests)
- **Memory process**
 1. **Encoding:** processing of information into the memory system
 2. **Storage:** retention of encoded material over time
 3. **Retrieval:** process of getting information out of memory storage



- **Connectionism:** a modern model that views memories as emerging from interconnected neural networks & says that specific memories arise from particular activation patterns within these networks
- **The Three Stage Memory Model by Atkinson and Shiffrin:**
 1. Sensory memory
 2. Short-term memory
 3. Long-term memory
- **Sensory memory:** a split-second holding tank for ALL sensory information
 - Iconic memory (sight, eye-conic) researched by Sperling
 - Echoic memory deals with hearing
- **Short-term memory**
 - The stuff we encode from the sensory memory goes to the short-term memory
 - Events are encoded visually, acoustically, or semantically (meaning of language)
 - Holds about 7 ± 2 bits of information for about 20 seconds
 - We recall digits better than letters
 - Stimuli that we don't find important are leave this memory
- **Long-term memory**
 - Unlimited storehouse of information

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