

# REAR AIR SHOCK SETUP

## Fox Triad

### X-Fusion RLA / RC

**Sag Setting:** Set the sag (20-25% of shock stroke). See attached pressure chart for starting air pressure.

Note - the chart is only a starting point, actual sag needs to be checked and adjusted on the bike, while riding, and at regular intervals. After setting the pressure, push the rubber ring up to the seal, sit on the bike gently, dismount, and measure sag.

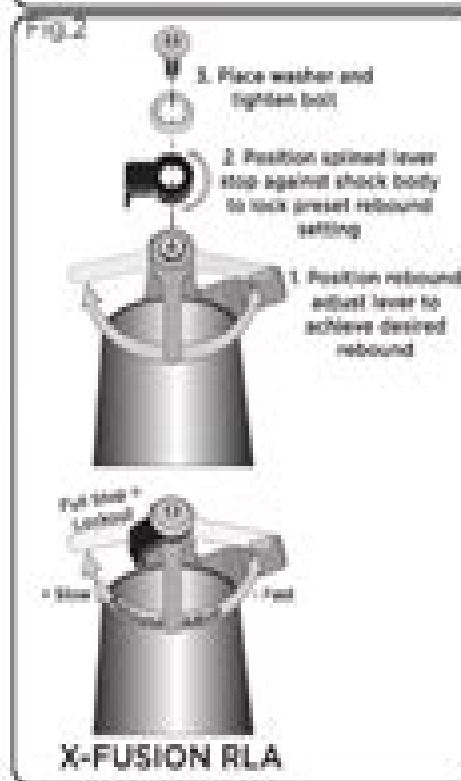
Set Standard rebound damping adjuster to rider preference. Typically a slower rebound for slow speed, bigger hits to eliminate kickback, or faster rebound for higher speeds and smaller hits, so the suspension does not dive and has time to rebound between bumps.

**Fox Triad ride tips (fig. 1):** Three compression settings dial in the shock efficiency and ride characteristics.

- 1) Lockout- compression is closed, locking out the shock for the most efficient pedaling setting.
- 2) ProPedal- adds in slow speed compression to improve shock efficiency while still allowing the shock to absorb medium and large size hits. This setting is great for all-round riding providing an efficient pedaling platform while still absorbing trail features.
- 3) Open- very little compression damping for the most supple and sensitive ride possible.

**X-Fusion RLA ride tips (fig. 2):** the RLA shock has a unique rebound adjust feature that affects compression, and lockouts at the "+" side.

**X-Fusion RC ride tips:** the blue compression lever will close the shock's compression, locking it out for the most efficient ride.



Rider		Triad	X-Fusion
lbs	kg	air (psi)	air (psi)
90-100	41-45	85-95	65-70
100-110	45-50	95-105	70-75
110-120	50-54	105-115	75-80
120-130	54-59	115-125	80-90
130-140	59-64	125-135	90-100
140-150	64-68	135-145	100-110
150-160	68-73	145-155	110-120
160-170	73-77	155-165	120-130
170-180	77-82	165-175	130-140
180-190	82-86	175-185	140-150
190-200	86-91	185-195	150-160
200-210	91-95	195-205	160-170
210-220	95-100	205-215	170-180
220-230	100-104	215-225	180-190
230-240	104-109	225-235	190-200
240-250	109-113	235-245	200-210
250-265	113-120	245-260	210-225
265-280	120-127	260-275	225-240
280-295	127-134	275-290	240-255

**NOTE:** This air chart is designed as a recommended starting point only. Please refer to your shock owner's manual for additional setup information.

# Fox Triad Service Manual

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