SOAP Note for Massage Therapy Template

Patient Information

First Name: Tom

DoB: 08/02/1982

Surname: Smith Date: 03/08/2022

Subjective

Tom reports variable aching pain in the neck and upper back that has been present for the past month. Tom says his fortnightly massages help with the pain and improve his mobility. His current level of pain is 3/10.

Objective

Tom received a full body Swedish massage. He was advised on how to maintain correct posture and taught stretching exercises. ROM at the upper spinal area has restriction.

Assessment

Tom's level of pain after massage was 1/10. He is complicit with completing exercises daily.

Plan

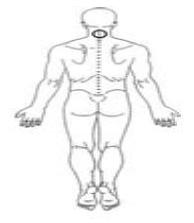
Tom will have another session in a fortnight and we will reassess pain and mobility. Tom will stretch daily and work on posture to reduce neck stiffness.

Symptom Analysis



- × Adhesion
- Rotation
- O Pain
- Tender Joint
- Hypertonicity

Additional Notes



- == Spasm
- Inflammation
- 9 Trigger Point
- / Elevation

Signature 660

Date

03/08/2022

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Massage Therapy Documentation

Diana L. Thompson

Massage Therapy Documentation:

Hands Heal Essentials Diana L. Thompson, 2006 This abbreviated version of Hands Heal Third Edition is a practical guide to documentation in wellness massage It is designed for massage therapists who do not provide therapy that would require physician referrals or insurance billing Hands Heal Essentials offers wellness charting guidelines for energy work on site massage and relaxation and spa therapies along with sample completed forms and blank forms Crucial information on HIPAA regulations is included A front of book CD ROM includes the blank forms for use in practice a guick reference abbreviation list and a quiz tool to review key concepts Faculty ancillaries are available upon adoption Physical Therapy Documentation Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Diana L. Thompson, 1993 Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout Massage Therapy E-Book Susan G. Salvo, 2022-10-28 Trust this approachable all in one text to help you master the essential principles of massage therapy Covering massage fundamentals techniques and anatomy and physiology Massage Therapy Principles and Practice 7th Edition prepares you for success in class on exams and in practice settings This user friendly text includes more than 700 images expanded information on the latest protocols critical thinking questions at the end of each chapter and updated pathologies which reflect what you will encounter in the field Simple straightforward coverage is written in a clear approachable manner to strengthen student comprehension UNIQUE Combined anatomy and physiology and fundamentals material make this a streamlined solution one book to buy one book to carry one complete resource to reference Certification Practice Exam mimics the major certification exams and provides excellent practice for board review Critical thinking questions at the end of the chapters help students develop clinical reasoning skills Robust art program enhances understanding and comprehension of each topic presented through a mixture of high quality illustrations and clinical photographs NEW Updated Hydrotherapy and Spa chapter features the latest procedures NEW Expanded sports massage section in the Clinical Massage chapter offers additional information on this growing practice area NEW Revised artwork in the Kinesiology chapter clearly illustrates key concepts The Psychotherapy Documentation Primer Donald E. Wiger, 2020-12-03 Everything you need to know to record client intake treatment and progress incorporating the latest managed care accrediting agency and government regulations Paperwork and record keeping are day to day realities in your mental health practice Records must be kept for managed care reimbursement for accreditation agencies for protection in the event of lawsuits to meet federal HIPAA regulations and to help streamline patient care in larger group practices inpatient facilities and hospitals The standard professionals and students have turned to for quick and easy yet comprehensive guidance to writing a wide range of mental health documents the Fourth Edition of The Psychotherapy Documentation Primer continues to reflect HIPAA and accreditation agency requirements as well as offer an abundance of examples Fully updated to include diagnostic criteria of

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Table of Contents Massage Therapy Documentation

- 1. Understanding the eBook Massage Therapy Documentation
 - The Rise of Digital Reading Massage Therapy Documentation
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Massage Therapy Documentation
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Massage Therapy Documentation
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Massage Therapy Documentation
 - Personalized Recommendations
 - Massage Therapy Documentation User Reviews and Ratings
 - Massage Therapy Documentation and Bestseller Lists
- 5. Accessing Massage Therapy Documentation Free and Paid eBooks
 - Massage Therapy Documentation Public Domain eBooks
 - Massage Therapy Documentation eBook Subscription Services
 - Massage Therapy Documentation Budget-Friendly Options
- 6. Navigating Massage Therapy Documentation eBook Formats

- o ePub, PDF, MOBI, and More
- Massage Therapy Documentation Compatibility with Devices
- Massage Therapy Documentation Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Massage Therapy Documentation
 - Highlighting and Note-Taking Massage Therapy Documentation
 - Interactive Elements Massage Therapy Documentation
- 8. Staying Engaged with Massage Therapy Documentation
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Massage Therapy Documentation
- 9. Balancing eBooks and Physical Books Massage Therapy Documentation
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Massage Therapy Documentation
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Massage Therapy Documentation
 - Setting Reading Goals Massage Therapy Documentation
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Massage Therapy Documentation
 - Fact-Checking eBook Content of Massage Therapy Documentation
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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