#### **ENDOCRINE SYSTEM**

Second controlling system of the body

#### Hormones control several major processes

- Reproduction
- Growth and development
- · Mobilization of body defenses
- · Maintenance of much of homeostasis
- Regulation of metabolism.

Endocrinology is the scientific study of hormones and endocrine organs

#### Hormones are classified chemically as:

- Amino acid-based, which includes:
  - Proteins
  - Peotides
  - Amines
- Steroids—made from cholesterol
- Prostaglandins—made from highly active lipids that act as local hormones

#### Hormones act by two mechanisms

- 1. Direct gene activation
- Used by steroid hormones and thyroid hormone
- 2. Second-messenger system
  - Used by protein and peptide hormones
- The stimuli that activate endocrine glands fall into three major categories
  - 1. Hormonal
  - 2. Humoral
  - 3. Neural
- Homonal stimuli.
  - Most common category of stimulus
  - Endocrine organs are activated by other hormones
- 2. Humoral stimuli
  - Changing blood levels of certain ions and nutrients stimulate hormone release
  - Humoral indicates various body fluids, such as blood and bile
- 3. Neural stimuli
  - Nerve fibers stimulate hormone release
  - Most are under the control of the sympathetic nervous system

#### The Major Endocrine Organs

- Pineal pland
- Hypothalamus
- · Pituitary gland.
- Thyroid gland
- Parathyroid glands
- Thyrnus
- Adrenal glands
- Pancreas
- Gonads (testes and ovaries)

#### Pituitary gland

- Pea-sized gland
- Protected by the sella turcica of the sphenoid bone

#### Has two functional lobes

- Anterior pituitary—glandular tissue
- Posterior pituitary—nervous tissue

Often called the "master endocrine gland"

Hypothalamus produces releasing hormones and inhibiting hormones.

Hypothalamus also makes two hormones: oxytocin and antidiuretic hormone

Hypothalamus also secretes somatostatin – pituitary gland to stop the release of growth hormone

#### Six anterior pituitary hormones

#### Two hormones affect nonendocrine targets

- 1. Growth hormone
- 2. Prolactin

#### Four are tropic hormones

- Follicle-stimulating hormone
- Luteinizing hormone
- 3. Thyrotropic hormone
- Adrenocorticotropic hormone

#### Anterior Pituitary

Hormone	Function
Growth Hormone	<ul> <li>Stimulates bone growth and tissue</li> <li>Causes amino acids to be built into proteins.</li> <li>Causes fats to be broken down for a source of energy</li> </ul>
Profaction.	Stimulates milk production in females
(1) Luteinizing hormone (LH) (2) Follicle stimulating hormone	Control sexual function and production of sex steroids, estrogen and progesterone
Thyroid-stimulating hormone (thyrotropic hormone)	influences growth and activity of the thyroid gland
Adrenocorticotropic hormone	Regulates endocrine activity of the advenal cortex

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