

STUDENT NAME **Mohamad Rifai**DISORDER/DISEASE PROCESS **Endometriosis**

REVIEW MODULE CHAPTER _____

Alterations in Health (Diagnosis)

The tissue outside of the uterus still sheds in response to changing estrogen levels but is unable to leave the body. As a result, it could cause inflammation, infertility, scar tissue, bowel problems and pain.

Pathophysiology Related to Client Problem

Endometrial cells are transported from the uterine cavity during menstruation and subsequently become implanted at ectopic sites.

Health Promotion and Disease Prevention

Endometriosis can not be prevented, there is no cure, and it can be difficult to treat. Hormonal therapy with hormonal contraceptives, heating pads, electrosurgery or laparoscopic surgery, cauterization and ablation may help if it is severe.

ASSESSMENT

Risk Factors

Never giving birth, starting menstruation at an early age, short menstrual cycles, heavy menstrual periods that last longer than seven days, having higher estrogen, low body mass index, family history, and disorders of the reproductive tract.

Expected Findings

Painful periods, pelvic pain, lower back and abdominal pain, pelvic pain may begin before and extend several days into a menstrual period.

Laboratory Tests

CA-125 is a blood test that can detect up to 90% of case of endometriosis. Once diagnoses of ovarian tumors, pelvic inflammation, and/or pregnancy is ruled out will be shown to have endometriosis on further diagnostic testing.

Diagnostic Procedures

Pelvic exams, ultrasounds, MRI, Laparoscopy.

SAFETY CONSIDERATIONS

Exercise regularly for more than 4 hours per week, avoid large amounts of alcohol and caffeine, and talk to your doctor about hormonal birth control methods, such as pills, patches or rings with lower doses of estrogen.

PATIENT-CENTERED CARE

Nursing Care

Provide analgesics and recommended/prescribed intervals. To promote pain relief and patient comfort without the risk of overdose.

Medications

Hormone therapy/ contraceptives as well as ibuprofen and naproxen for NSAIDs for pain relief.

Client Education

Educate the client of pain management as well as the importance of continuing their medical therapy to help manage their symptoms.

Therapeutic Procedures

Progestin therapy, Aromatase inhibitors, Gonadotropin-releasing hormone (Gn-RH) agonists and antagonists, and hormonal contraceptives: birth control pills, patches, and vaginal rings help control the hormones responsible for the buildup of endometrial tissue each month.

Interprofessional Care

Encourage client to seek support, regular exercise, eat antiinflammatory foods, get plenty of rest.

Complications

Infertility, chronic pelvic pain, anatomic disruption of involved organ systems (eg, adhesions, ruptured cysts).

Endometriosis Concept Map

Michael Hoelscher

A red circular graphic with a gradient, appearing as a partial circle or a thick arrow pointing to the right, located to the right of the author's name.

Endometriosis Concept Map:

Nursing Concept Care Maps for Safe Patient Care Ruth Wittman-Price, Brenda Reap Thompson, Suzanne M Sutton, 2012-10-11 Nursing Concept Care Maps for Providing Safe Patient Care presents 200 sample care maps covering the diseases and disorders you ll encounter most often in clinical practice They ll also help you develop the critical thinking skills you need to plan safe and effective nursing care

Pathophysiology Carie Ann Braun, Cindy Miller Anderson, 2007 This pathophysiology text offers a unique conceptual approach that facilitates learning by viewing pathophysiology as health care professionals do Students will learn about general mechanisms of disease or alterations in human function such as immune alterations or altered nutrition and apply these processes to specific conditions Chapters focus on fifteen core concepts of altered human function selected by analyzing and clustering health conditions with high prevalence incidence and severity Unlike a traditional systems based approach this novel approach shows how most diseases involve multiple body systems A bound in CD ROM includes animations and an interactive game Faculty resources include lesson plans PowerPoint slides additional case studies and student assignment worksheets

Medical-Surgical Nursing - E-Book Donna D. Ignatavicius, M. Linda Workman, 2013-12-27 Using a uniquely collaborative and reader friendly approach expert authors Donna D Ignatavicius and M Linda Workman cover all the latest trends evidence based treatment guidelines and additional updated information needed for safe clinical practice in medical surgical nursing This seventh edition features an expanded emphasis on patient safety and NCLEX Examination preparation new ties to the QSEN priorities for patient safety and a greater alignment with the language and focus of clinical practice A new chapter on evidence based practice and a wealth of effective online learning tools help solidify your mastery of medical surgical nursing

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Focused Assessment Common Examples of Drug Therapy Evidence Based Practice Concept Maps Laboratory Profiles Assessment Using Gordon s Functional Health Patterns **Medical-surgical Nursing** Donna D. Ignatavicius,M. Linda Workman,2013 Using a uniquely collaborative and reader friendly approach expert authors Donna D Ignatavicius and M Linda Workman cover all the latest trends evidence based treatment guidelines and additional updated information needed for safe clinical practice in medical surgical nursing This seventh edition features an expanded emphasis on patient safety and NCLEX Examination preparation new ties to the QSEN priorities for patient safety and a greater alignment with the language and focus of clinical practice A new chapter on evidence based practice and a wealth of effective online learning tools help solidify your mastery of medical surgical nursing **You CAN Teach Advanced Med-Surg Nursing!** Mary Miller,Deborah Wirwicz,2014-08-18 This is the first comprehensive resource for clinical medical surgical nursing instructors responsible for guiding students through their entire clinical rotation Filling a huge gap in resources for instructors required to teach the medical surgical nursing course it contains everything the new or adjunct instructor needs to teach expertly and confidently The guide features a week by week instructional plan for the clinical rotation and includes all materials necessary to effectively perform administrative leadership and supervision assess students knowledge and learning styles maximize the learning process simplify evaluation and help ensure a smooth transition to clinical practice The guide will serve as a welcome companion to both experienced and novice medical nursing instructors with its week by week instruction guide that encompasses organizational teaching templates teaching and learning resources and evaluation materials These include everything from the Adjunct Faculty Contract to the Course Syllabus to a Comprehensive Skills Checklist Key clinical instruction materials including PowerPoints and simulation scenarios are provided for each body system Additionally the book contains quizzes with answers discussion questions and interactive student activities and exercises Key Features Comprises the first complete resource for successfully guiding students through their clinical rotations from start to finish Helps to allay the fear factor for new and adjunct clinical nursing instructors Provides a week by week instructional guide that includes organizational teaching templates teaching and learning resources and evaluation aids Includes numerous forms and templates to facilitate administrative responsibilities student assessment and student evaluation Key clinical information is organized by body system and includes multiple interactive teaching tools Immunology of Endometriosis Kaori Koga,2021-12-01 Immunology of Endometriosis Etiology and Management a volume in the Reproductive Immunology series provides updates on one of most common gynecological diseases including basic science concepts and their clinical applications related to endometriosis immunology Various immunological factors are believed to play roles in the pathogenesis of endometriosis providing potential targets for the disease Endometriosis is now considered to be a disease of both endocrine and immune dysregulation However recognition of the direct involvement of two major physiological mechanisms brings about a change of focus which might represent an interesting advance in the understanding of this

disease and new focus for further research Provides detailed immunological background to help readers understand etiology and management of endometriosis Evaluates various immunological factors that are involved in the pathogenesis of endometriosis Presents a detailed evaluation of the knowledge related to each immune cell type in endometriosis

Histology and Cell Biology: An Introduction to Pathology E-Book Abraham L Kierszenbaum, Laura Tres, 2011-04-12
Histology and Cell Biology An Introduction to Pathology uses a wealth of vivid full color images to help you master histology and cell biology Dr Abraham L Kierszenbaum presents an integrated approach that correlates normal histology with cellular and molecular biology pathology and clinical medicine throughout the text A unique pictorial approach through illustrative diagrams photomicrographs and pathology photographs paired with bolded words key clinical terms in red and clinical boxes and Essential Concepts boxes that summarize important facts give you everything you need to prepare for your course exams as well as the USMLE Step 1 Access to studentconsult com with USMLE style multiple choice review questions downloadable images and online only references Easily find and cross reference information through a detailed table of contents that highlights clinical examples in red Review material quickly using pedagogical features such as Essential Concept boxes bolded words and key clinical terms marked in red that emphasize key details and reinforce your learning Integrate cell biology and histology with pathology thanks to vivid descriptive illustrations that compare micrographs with diagrams and pathological images Apply the latest developments in pathology through updated text and new illustrations that emphasize appropriate correlations Expand your understanding of clinical applications with additional clinical case boxes that focus on applying cell and molecular biology to clinical conditions Effectively review concepts and reinforce your learning using new Concept Map flow charts that provide a framework to illustrate the integration of cell tissue structure function within a clinical pathology context

Introduction to Medical-Surgical Nursing - E-Book Adrienne Dill Linton, 2014-04-14 With just the right level of information to equip you to effectively care for adults and older adults Linton s Introduction to Medical Surgical Nursing 5th Edition is the leading LPN LVN text in its field Covering both med surg and psychiatric mental health conditions and disorders it addresses your role in a variety of care settings emphasizes culturally competent care and holistic nursing and thoroughly covers all relevant NCLEX PN Test Plan content Abundant real life case studies clearly show how to apply what you ve learned to clinical practice Features separate chapters on common high profile disorders including hypertension diabetes and shock providing an in depth understanding for patient care Offers foundational units on basic concepts related to the health care system care settings the nursing process leadership nutrition the older adult growth and nutrition legal ethical considerations evidence based nursing care and many more essential topics avoiding repetition later in the text Includes a separate comprehensive unit on the older adult and related disorders no other LPN LVN med surg text has as much coverage of this primary patient group Includes a separate comprehensive unit on psychosocial responses to illness psychiatric disorders and substance abuse eliminating the need for a separate psychiatric mental health nursing text

Emphasizes content related to the NCLEX PN Test Plan including health promotion nutrition legal ethical issues HIPAA and prevention of medication medical errors Offers in depth pharmacology coverage the Pharmacology Tutorial covers drug classifications how drugs work and nursing responsibilities Pharmacology Capsules boxes provide medication information precautions for use interactions and side adverse effects and Pharmacology and Medications tables in body systems chapters include classification use action side adverse effects and nursing interventions all with the goal of reducing medication errors on the job and equipping you to pass the NCLEX exam Assists with assignment and supervision helping you assign tasks to nurse assistants patient care techs and unlicensed assistive personnel and making sure you understand the difference between delegation management supervision and assignment of tasks on the health care team Features Diagnostic Tests and Procedures tables for a quick reference to MRI CT Doppler flow lumbar puncture tests for neurologic disorders and much more Highlights timely information with Health Promotion boxes Cultural Considerations boxes Nutrition Considerations boxes and Complementary and Alternative Therapies boxes Provides bulleted lists of nursing instructions for Patient Teaching Plans stressing the role and responsibility of the LPN LVN to reinforce patient education Provides consistent Nursing Care Plans that reinforce the nursing process and focus on critical thinking and Put on Your Thinking Cap Critical Thinking boxes encourage you to pause and consider the practical implications of what you have just read

Study Guide for Memmler's The Human Body in Health and Disease, Enhanced Edition Kerry L. Hull, Barbara Janson Cohen, 2020-05-15

Help your students maximize their study time improve their performance on exams and succeed in the course with this updated Study Guide to accompany Memmler's The Human Body in Health and Disease Fourteenth Edition The questions in this edition have been fully updated and revised to reflect the changes within the main text and the labeling and coloring exercises are taken from the illustrations designed for the book Filled with empowering self study tools and learning activities for every learning style this practical Study Guide follows the organization of the main text chapter by chapter helping students every step of the way toward content mastery The variety of learning activities with three main components are designed to facilitate student learning of all aspects of anatomy physiology and the effects of disease not merely to test knowledge

Lippincott® Illustrated Reviews: Biochemistry Emine Ercikan Abali, Susan D. Cline, David S. Franklin, Susan M. Viselli, 2025-02-25

A bestselling title in this highly regarded review series Lippincott Illustrated Reviews Biochemistry is the go to resource for both faculty and students for mastering the essentials of biochemistry The fully revised 9th Edition helps students quickly review assimilate and integrate large amounts of critical and complex information with unparalleled illustrations that bring concepts to life An intuitive outline organization chapter summaries and review questions that link basic science to real life clinical situations work together to clarify challenging information and strengthen retention and understanding while an emphasis on clinical application updated review tools and accompanying digital resources prepare students for success on course and board exams and beyond

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