

Chapter 1

Routine maintenance and servicing

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Degrees of difficulty

Easy, suitable for novice with little experience		Fairly easy, suitable for beginner with some experience		Fairly difficult, suitable for competent DIY mechanic		Difficult, suitable for experienced DIY mechanic		Very difficult, suitable for expert DIY or professional	
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Servicing Specifications

Lubricants and fluids

See end of "Weekly checks"

Capacities

Engine oil

With filter:

1.0 and 1.1 OHV	3.25 litres (5.7 imp pints)
1.3, 1.4 and 1.6 CVH	3.50 litres (6.2 imp pints)

Without filter:

1.0 and 1.1 OHV	2.75 litres (4.8 imp pints)
1.3, 1.4 and 1.6 CVH	3.25 litres (5.7 imp pints)

Cooling system (including heater)

1.0 and 1.1 OHV	5.5 litres (9.7 imp pints)
1.3 and 1.4 CVH	6.3 litres (11.1 imp pints)
1.6 CVH	8.0 litres (14.1 imp pints)

Fuel tank

All models - pre 1985, except XR2	34 litres (7.5 gallons)
XR2	38 litres (8.4 gallons)
All models - 1985 on	40 litres (8.8 gallons)

Gearbox:

4-speed	2.8 litres (4.9 imp pints)
5-speed	3.1 litres (5.5 imp pints)

Ford Mk7 Service Manual

Puja Mehta



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