

***HURST Review *

What clinical manifestation does the nurse expect to see in a client suspected of having hypercalcemia?

1. Tachycardia
2. Positive Chvostek
3. Lethargy
4. Tachypnea
5. Decreased deep tendon reflexes - answer ANS: 3., 5.

3., & 5. Correct: Hypercalcemia is a condition in which the calcium level in blood is above normal. Too much calcium in blood can weaken bones, create kidney stones, and interfere with heart and brain function. Hypercalcemia is usually a result of overactive parathyroid glands. Other causes include cancer, some medications, and taking too much of calcium and vitamin D supplements. Signs and symptoms of hypercalcemia range from nonexistent to severe. Lethargy and decreased deep tendon reflexes are two manifestations of hypercalcemia.

1. Incorrect: Bradycardia rather than tachycardia is seen with hypercalcemia. Remember - muscles are sedated.

2. Incorrect: A Negative Chvostek will be seen with hypercalcemia. It will be positive in hypocalcemia.

4. Incorrect: Hypercalcemia will result in a decreased, rather than increased respiratory rate.

A client has been admitted with a diagnosis of septic shock and has been successfully intubated. The nurse performs and documents a rapid assessment. Which information from the assessment requires the most immediate action by the nurse?

Vital Signs: Blood Pressure 92/54 mmHg, Heart Rate 116 bpm, Respiratory Rate 22 breaths/min, Temperature 103F (39.4C), Oxygen Saturation 91%.

Documentation: Heart tones irregular, distant. Face flushed and warm. Extremities cool and mottled. Radial pulses faint - answer ANS: 1.

1. Correct: Look at the clues: Endotracheal tube taped in place via oropharynx. Right anterior and posterior lung sounds clear. Unable to hear left lung sounds. The ET tube is likely down in the right main stem bronchus. This means the left lung is not being oxygenated.

2. Incorrect: The BP is above 90 systolic, so the vital organs are still being perfused. The nurse will definitely keep monitoring, but this is not the priority.

3. Incorrect: The second priority is to treat the infection that is likely the cause of the temperature elevation. But take care of that airway first.

4. Incorrect: This is the likely cause of the sepsis, but the priority is to fix the airway problem.

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S Ashworth



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